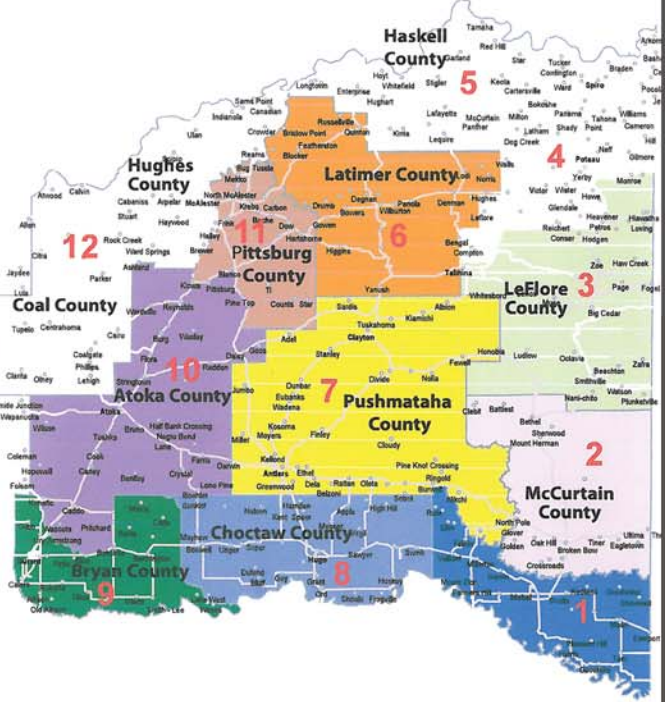


# CHOCTAW NATION DISTRICT MAP



**CHOCTAW NATION**  
*Healthy Aging*



## ★ GERIATRIC CARE

The Choctaw Nation Healthy Aging Initiative has Geriatric care available in all 10.5 counties pictured on the District Map. Geriatric care integrates health care and psychological care with other needed services (like housing, home care, nutrition and wellness). Geriatric doctors will be available in Durant, McAlester, Idabel, Poteau and Talhina.

*"The greatest discovery of a generation is that man can alter life simply by altering his attitude"*  
--James Truslow Adams

Choctaw Nation Health Services  
1 Choctaw Way  
Talihina, OK 74571  
1 (800) 349.7026



## CHOCTAW NATION OF OKLAHOMA HEALTHY AGING INITIATIVE GERIATRIC CARE

KEEPING ELDERS ACTIVE AND INDEPENDENT

## MISSION:

The Choctaw Nation of Oklahoma Healthy Aging strives to improve self care and independence among our tribal elders, who deserve optimal health and wellness, through coordination of elder services.

- ▶ Geriatrics: Of or relating to care of the aged or to characteristics of the aging process.



*Growing with hope,  
pride, and success!*

4 GERIATRIC DOCTORS  
AVAILABLE FOR  
YOUR CONVENIENCE.

- ▶ Dr. Salness
- ▶ Dr. Kirkpatrick
- ▶ Dr. Nukala
- ▶ Dr. Vadlamudi

Elderly care emphasizes the social and personal requirements of senior citizens who might need some assistance with daily activities and health care, and who desire to age with dignity.

The appointments offered by our Geriatric Doctors will be extended to include a more complete analysis of the state of health of our aging population.

