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November 2002 Issue

Choctaw Nation pays tribute to its veterans



Chief Gregory E. Pyle and Congressman Brad Carson place a wreath in honor of the Choctaw veterans who lost their lives.

WWI Choctaw Code Talkers honored at Virginia Pow Wow

Choctaw Code Talkers were honored at the Six Nations of Virginia Veterans Day Pow Wow in King William, Virginia on November 9 and 10, 2002. Special recognition was given to descendents of the Choctaw World War I Code Talkers.

"We are so pleased that the Virginia tribes remember that the Choctaw were the first Code Talkers," said Evangeline Wilson, President of the Choctaw Code Talker Association.

Descendants of Choctaw Code Talkers attending the Virginia Pow Wow were Ruth McMillan (daughter of Tobias Frazier), Tewanna Edwards (great-niece of Otis Leader), and her husband, John, and Evangaline Wilson (niece of James Edwards and Mitchell Bobb).

Chiefs from six tribes comprising the group hosting the Veterans Pow Wow, the Chickahominy, Eastern Chickahominy, Monacan, Nansemond, Rappahannock and Upper Mattaponi, gave special honors to the Choctaw visitors, all of whom participated in the



This widely recognized photo is of some of the Choctaw Code Talkers and their commanding officer. Pictured left to right are Solomon Lewis, Mitchell Bobb, James Edwards, Calvin Wilson, Joseph Davenport and Capt. E.H. Horner.

Grand Entry carrying the Choctaw flag.

The Choctaws were the original Code Talkers - the first to use their native language as an unbroken "code" in wartime. The native Choctaw language was used to transmit messages

to confuse the enemy, and was the only "code" never translated by the German Army. The 18 men who have been documented as being trained in the art of Code Talking during the first world war

(See CODE on Page 11)

A record crowd was on hand November 11 as the Choctaw Nation paid tribute to its veterans.

More than 1,000 people attended the ceremony held at Tushka Homma, many of whom are veterans who served our country in World War II, Korea, Vietnam or the Gulf War. Some were resplendent in dress uniforms. Hundreds immediately donned the navy blue Choctaw Veterans jacket they were given that morning as a gift from the tribe.

"We are blessed," said Assistant Chief Mike Bailey as he opened the ceremony.

"The Chief and Council wanted to make this possible to show that we really believe in you and we appreciate you," he said to the many veterans in the audience. "Because of the stand veterans take for us, today we live in safety."

"I am happy to see so many veterans here today," said Chief Gregory E. Pyle. "We all know that looming over the horizon we may see another war. From time to time, our men and women must rise up and defend our country.

"We have troops shipping out to the Middle East where there is strife and conflict. The people native to many of these Eastern countries do not have the privilege of knowing the truth. Their leaders blame all the problems over there on the free world. Many thousands of innocent people are being hurt. This justifies the possible war that our country may be involved in."

Always in the forefront in defending their homeland, Choctaws formed the original group of Code Talkers in World War I, he proudly told the audience. "As Code Talkers, they were a valuable asset and they were asked to keep their unique service a secret, because it was expected that this tactic could be needed again in the future.

"Just as in World War I with the Choctaw Code Talkers, lives depend on the Choctaws," Chief Pyle said. "Only today it is with the production work being done at Choctaw Management Development Corporation."

CMDC has facilities in Hugo and McAlester that are stepping up the work on military contracts. The Hugo employees are working shifts 24 hours a day, seven days a week, to meet orders on items to be shipped overseas.

Several guest speakers and performers were on hand, volunteering their time to show the veterans how much they are truly appreciated. Choctaw Nation Princess Ivanna Battiest signed the Lord's Prayer and signing "God Bless America" was a group of second-graders from Antlers.

Lainey Edwards, a junior at Moore High School, sang the National Anthem and an original patriotic song, "It's Our Freedom," written by Oklahoma songwriter Deanna Searcy following the attack of September 11. The Choctaw Ambassadors, Brad Joe, Lena Johnson and Patty Mink, harmonized on Choctaw Hymn #48 and "God Bless the

Congressman Brad Carson spoke to the crowd gathered in front of the Veterans Memorial on the Capitol grounds, "There is no place more beautiful in our country that we could be to celebrate Veterans Day."

"This is the only holiday that we set aside to mark a specific day in history," Congressman Carson said. "Instead of celebrating war, we celebrate peace. November 11 is a day that all of us remember extraordinary heroism and sacrifices and dream together of a brighter future.



Sr. Miss Ivanna Battiest performs the Lord's Prayer in sign language.

"Veterans here today can tell you freedom is never free and we are not a country created by cowards, nor will it be preserved long by cowards. Our veterans are the heroes we celebrate today. We can never repay them. They knew they had to defend liberty at any cost and that cost has been great," concluded Congressman Carson.

Major General Leroy Sisco of Southlake, Texas, the highest ranking Choctaw officer in the military, was once again honored to join fellow veterans on the tribal grounds in the heart of the Choctaw Nation.

He informed the gathering that there are 24.6 million veterans alive in the United States today. General Sisco went on to share some very important information about the dollar bill that we all have in our pocket.

He described many features of the bill including the circles on the back. "If you look at the righthand circle and check it carefully, you will learn that it is on every National Cemetery in the United States. It is also on the Parade of Flags Walkway at the Bushnell, Florida National Cemetery, and is the centerpiece of most heroes' monuments," he

"The bald eagle was selected as a symbol for victory for two reasons: First, he is not afraid of a storm; he is strong, and he is smart enough to soar above. Secondly, he wears no material crown ... In the eagle's beak you will read, 'E Pluribus Unum,' meaning, 'one nation from many people.'

"Children don't know this," General Sisco said, referring to the many details on the dollar bill. "Their history teachers don't know this. Too many veterans have given up too much to ever let the meaning fade.

"Many veterans remember coming home to an America that didn't care. Too many veterans never came home at all."



Speaker Kenny Bryant, District 8 Councilman Perry Thompson and Internet Language Instructor Lillie Roberts present Gaylon Ludlow with certification to teach the Choctaw language.

Ludlow receives certification

The Choctaw Tribal Council and Internet Language Instructor Lillie Roberts presented Gaylon Ludlow of San Antonio with his language certification during the Councilmembers' regular meeting in November. Richard Adams, Director of the Language Department, said Ludlow's certification brings to 55 the total number of teaching certificates that have been issued. Classes are being held around the country as well as on the Internet and as accredited courses in high schools in the Choctaw Nation. Ludlow will be teaching the Choctaw language in the San Antonio area.

Other new business included approval of the 2003 budgets for (See COUNCIL on Page 11)

Outstanding Elders of the year

Lois Burton and Moses Williams have been selected as the 2002 Choctaw Elders of the Year. Mrs. Burton, of Howe, is a former Choctaw Tribal Council Member. She taught school for 17 years prior to serving as the Northern LeFlore County Tribal Council Member, working hard for the people.

Mrs. Burton advocated the need for a health clinic in Poteau, maintenance and upkeep of the Skullyville National Indian Cemetery, Choctaw language classes, and the establishment of the Choctaw Language Depart-

Mrs. Burton currently serves on the Hospital Governing Board and the Jones Academy Board of Education.

Moses Williams of Eagletown, is an active member of the Broken Bow Nutrition Program. He promotes the history and culture of the Choctaw People through Gospel music. Mr. Williams attended Stamps School of Music for five sum-



mers. For 25 years he has been the president of Choctaw Singing and encourages and teaches Choctaw singing to young people through local churches and youth events.

The Choctaw Singing Organization has traveled to Okla- for the Nutrition Program.

homa City, Dallas, and as far as Philadelphia, Mississippi. Mr. Williams is a volunteer van driver

Letters



Bertram Bobb Bible Camp attendance doubles each year

Dear Chief Pyle,

Thank you for the interest you have shown in the ministry here at Bertram Bobb Bible Camp. We especially would like to express our appreciation for the donation of bunk beds and mattresses that were delivered in time for our first week of camp in June 2002.

The camp was built in 1970 by the Rev. Bertram Bobb and during the years has gone through many directors and supervisors. We have been living on the campgrounds since January 1999 and have seen many changes and improvements made since being here. Not only have we seen physical renovations to the camp, but also have seen a renewed interest by the area youth. The attendance to our summer program as well as spring retreats has more than doubled each year.

Church groups and other organizations from all over the U.S. have donated funds, supplies, time and "hands-on" talent to help us provide this vital ministry for the youth in this area. Many of the children who attend would not have a "summer camp experience" if not for Bertram Bobb Bible Camp. Thank you for sharing so generously so we can give the kids the opportunity to go to camp.

Travis Bankester, Director

Bacons proudly represent tribe

Dear Chief Pyle, Assistant Chief Mike Bailey, Tribal Council, and Choctaw Nation Region 8 Rodeo Board of Directors, and to our directors and coworkers, family and friends, and to all the Choctaw people, teachers and schoolmates,

We would like to say thank you for all your hard work you gave that enabled us to represent the Choctaw Nation Region 8 Rodeo Association at the INFR in San Jucinto, California.

We were very honored to be able to compete with the 12 Regions within the United States and Canada.

So we say thanks again, and may you be blessed many times over.

College expenses alleviated

Dear Choctaw Nation,

My 20-year-old twin daughters and I want to thank the Choctaw Nation for the support and generous aid with their education at the University of Colorado and the University of Texas. With today's high cost of education and having twins attending college your support was much needed and appreciated.

Richard, Ayla and Ashley Keeling Dallas, Texas

Student enjoys rodeo

Dear Chief Pyle,

I liked your rodeo that you provided for our school. It was fun watching them ride bulls, the clowns were funny in the little car. I like the horses that were there too!



Jacob Vietta

Searching for information

Dear Editor,

I am searching for William Baker, a Methodist minister, father of Vincent Dale Baker. Please contact Carolyn Gage, 972-913-1193 or 972-494-1455, ext. 226. Thank you.

Seeking facts on grandparents

Dear Editor,

I'm looking for anyone with information about my great-grandparents and grandparents. My great-grandfather was John Frinzell, born 3-2-1842, died 12-4-1895. He married Amelia Smallwood, born 4-8-1858 in Atoka, I think, and died 9-13-1920. She was Choctaw. They had three children, Lilian (died young), John Frinzell, Jr., born 1876; Evelina Frinzell, born 8-1-1892, died 6-5-1980.

After John Frinzell, Sr. died, Amelia married John McMutrey. Her daughter, Evelina, had a son, Fred Frinzell, born 7-25-09. Fred is my father. I'd like to know if there are any living relatives.

Also, I am looking for the book, "Hell or High Water," about Oklahoma territory and Indians. I would appreciate any help I could get. Thank you.

> **Betty Brown Hoog** P.O. Box 487 Brownsville, CA 95919

Assistance appreciated

I am Ronny A. Cox of Roswell, New Mexico, the grandson of John LeFlore and Willie Stricklen Hampton. My reason for writing is to thank Chief Pyle and the Choctaw Nation for their assistance in the early part of September 2002 in replacing my hearing aids after the other set was no longer sufficient to enable me to hear well. The assistance is very much appreciated.

Gregory E. Pyle

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If you are receiving more than one BISHINIK at your home or if your address needs changed, we would appreciate hearing from you.

BISHINIK® 2002

Units for elderly are impressive

On behalf of the Creek Nation and the Housing Authority of the Creek Nation of Oklahoma, I want to take this opportunity to express our most sincere appreciation on our recent tour of the "elderly units" in Durant and Idabel.

I think we can all agree that our elderly are our most precious and valued resources and deserve our most sincere consideration.

The "elderly units" constructed by the Choctaw Nation were very impressive. I want to especially thank Oneida Winship from the Choctaw Elderly Program and the Housing Authority staff for graciously giving time out of their busy schedule.

Once again, thank you for your generous hospitality.

Beverly Sumka Creek Nation Housing Management Director

Needs information on ancestors

I am searching for any information on my great-great-grandparents. My great-great-grandfather was James Cheatham, born July 11, 1847, Arkansas and died April 3, 1885 while riding the Pony Express, shot off of his horse during the Civil War, and is buried in Skullyville Indian Cemetery. His wife, Elizabeth Hudson, born March 1847, Arkansas, died June 19, 1929, and is buried in Skullyville In-

They resided in Crooked Creek Township, Boone County, Arkansas in 1870. I understand that Elizabeth was full-blood Indian. She resided in Choctaw Nation, Indian Territory in 1900 and Spiro, LeFlore County, Oklahoma in 1920. Their children included M. Alice Cheatham, born July 15, 1867 in Arkansas, died April 6, 1900, and is buried in Skullyville; William Thomas Cheatham, born 1869, Arkansas, possibly married Dora B. Garrett; John Cheatham (1871-1915), buried at Skullyville; Walter Cheatham (1875-1877), buried at Skullyville; Cora Cheatham (1878-1880), buried at Skullyville, and Charles Cheatham (1881-1887), buried at Skullyville.

My great-grandfather was Jeff D. Wilson who died March 16, 1895. His wife was Alice Cheatham, born July 15, 1867 in Arkansas, died April 6, 1900, and is buried in Skullyville. Their children included Frank L. Wilson, born June 1887, Choctaw Indian Territory, died 1913, buried in Skullyville. His wife, Parlee Giones, born 1891 in Arkansas, died 1984. Their children: Frankie Wilson, born 1914; Richard Wilson (1912-1987); William Clayton Wilson, born July 1, 1888, Choctaw Indian Territory, died December 9, 1968, Colorado Springs, Colorado, buried in Evergreen Cemetery in Hugo, Oklahoma; Walter Wilson, born 1892, Choctaw Indian Territory, died 1917, and is buried in Skullyville; Minnie E. Wilson, born September 1891, Choctaw Indian Territory, died 1912-1913. Her husband was Lanson Frank Lewis. Children: Alice Pauline Lewis, born 1910 in Oklahoma and died 1991 in San Bernardino, California.

My grandfather was William Clayton Wilson, born July 1, 1888, Choctaw Indian Territory, died December 9, 1968 at Penrose Hospital, Colorado Springs, Colorado. His wife was Josephine Mae Taylor, born May 4, 1889, Bokoshe, Oklahoma and died January 6, 1972. Her parents were John Y. Taylor (1855-1933) and Katherine Payne (1861-1946). Their children: August Eugene Wilson (1913-1996), Pauline Wilson, my mother, (1915-1991) and William Clayton Wilson, Jr. (1918) My grandfather, William Clayton Wilson received his roll number from the Choctaw Land Office on August 5, 1904.

Any information anyone can give me will be greatly appreciated. Since receiving my Choctaw Membership I now receive the BISH-INIK and really enjoy reading it. Thank you.

JoAnne Walton 3395 Crosby-Herold Rd. Lincoln, CA 95648 916-645-8101 or stanleyw@jps.net

Ancestral information needed

Dear Editor.

My great-grandfather, William Sanders, listed James Sanders and Katie Battiest as his parents when he enrolled in the Choctaw Nation. William was born in 1871, so I guess his parents would have been born around 1850 or so. If anyone has any information on the life of James Sanders or Katie Battiest, and/or knows anything about their parents, I would appreciate hearing from them.

I will reimburse any expenses in writing to me. Thank you. Jimmie L. Coombes

1604 Garnaas **Austin, TX 78758** e-mail coombesjl@cs.com

Department seeking to improve burial sites of former Choctaw chiefs

The Choctaw Nation Special Projects department has been participating in a project to upgrade and improve burial sites of former chiefs. As part of their ongoing efforts, staff members are seeking more information on the following ten chiefs:

Alfred Wade, 1857-1858, passed away March 18, 1878. Information needed: next of kin. Latimer County. Brazil Leflore, 1859-1860, Eagletown, Oklahoma. Information needed: location of gravesite and next of kin.

William Bryant, 1870-1874, exact date of death unknown. Information needed: location of gravesite and next

Coleman Cole, 1874-1878, passed away in the autumn of 1886. Information needed: location of gravesite and next of kin.

Isaac Garvin, 1878-1880, passed away February 20, 1880. Information needed: next of kin. McCurtain County. Jackson McCurtain, 1880-1884, passed away November 14, 1885. Information needed: next of kin. Pushmataha County.

Thompson McKinney, 1886-1888, passed away in 1889. Information needed: location of gravesite and next of kin. Latimer County.

Ben Smallwood, 1888-1890, passed away December 15, 1891. Information needed: location of gravesite and next of kin. Coal County. Gilbert Dukes, 1900-1902, passed away December 26,

1919. Information needed: location of gravesite and next of kin. Carter County. Victor Locke, 1910-1918, passed away January 7,

1929. Information needed: next of kin. Pushmataha If anyone has any information, please contact the Spe-

cial Projects department, 1-800-522-6170, ext. 2136 or 2125. We would like to thank everyone who has contacted us with information.



Graduate to attend law school

Dear Chief Pyle and the **Department of Higher** Education,

I just wanted to thank you for helping me finish my undergraduate education at Texas A&M University. 1 graduated in August with a B.A. in English and a minor in speech communications. Because of your help I was

able to finish in four years with time to enjoy extracurricular activities. I plan to attend law school in August 2003 where I will continue to represent the Choctaw Nation. Thanks again.

Teri Beene Bakersfield, California

Preserving Choctaw culture and history

The Choctaw Nation of Oklahoma Museum remodeling project is expected to be complete in April 2003. This sacred building of the Choctaws presents us with an opportunity to tell our story. It presents an opportunity to share and teach who we are as a people and what we believe in. Opportunities are also endless to showcase our Choctaw treasures - its people and their talent.

Its mission statement is, "The Choctaw Nation of Oklahoma Historical Museum preserves, reflects and promotes the knowledge and understanding of Choctaw culture and history for Choctaw tribal descendants." To better fulfill this mission statement, the Museum is asking all families to help tell the story of the Choctaw people.

If anyone has any item that tells of the lives of Choctaw families, please consider donating to the museum or offering the object as a loan for a minimum of five years. The remodeling will equip the museum with video security and climate-controlled display cases to help preserve and safeguard historical items.

Please direct any questions or concerns to Donna Heflin, Curator, or Regina Green, Assistant Curator, at 918-569-4465. At this time there is no storage space for objects or places for display. The Curators will take all your information regarding the object(s) and forward this information to the Museum Committee for review. This allows the committee to know what is available and to plan the proper way to display it. Objects will be gathered when remodeling is completed.

Please consider sharing your family heirlooms. Our culture is alive and the story the museum houses should not just tell the past but show the promise for the future.

CHOCTAW MANAGEMENT / SERVICES ENTERPRISE

POSITIONS AVAILABLE

CHILD COUNSELORS

Choctaw Management / Services Enterprise is seeking Child Counselors to work at the Naval Station in San Diego. The position requires an MSW, Marriage and Family Therapy or PhD in Psychology. Minimum professional requirements are a current unrestricted, valid clinical license in Social Work, Marriage and Family Therapy or Psychology from a state or U.S. territory. Minimum 2 years of full-time post Master's supervised clinical experience, including one year in evaluation and treatment of children. Must have demonstrated experience working with children exposed to family violence. We'll reward you with an attractive salary and compensation package.

E-mail or fax cover letter, resume and a copy of your license to Larry Warren at lwarren@cmse.net. Fax: 210-341-3455. Please refer to job #168.

Opening date: October 25. Closing date: Open until filled.

FAMILY ADVOCACY NURSE

Choctaw Management / Services Enterprise is seeking a Licensed Registered Nurse in the Family Advocacy Program at Travis AFB in Fairfield, California. Full-time position available. Attractive salary and benefits package offered. Qualified applicants should have a Bachelor or Science Degree in Nursing and Current RN License.

For more information, please contact Larry Warren at Choctaw Management / Services Enterprise, toll-free 1-877-267-3728, fax toll-free 1-800-231-3393 or e-mail lwarren@cmse.net. Please refer to job #167.

Opening date: October 25. Closing date: Open until filled.

CLINICAL SOCIAL WORKER

Choctaw Management / Services Enterprise is seeking a Licensed Clinical Social Worker to work as an Intervention Specialist in the Family Advocacy Clinic at Osan Air Base, Korea. The qualified applicant will work both treatment and outreach

For more information, e-mail your resume and copy of licensure to Pat Williams at patcmse@aol.com. Refer to Job Announcement #166.

Opening date: October 28. Closing date: Open until filled **FAMILY ADVOCACY NURSE**

Choctaw Management / Services Enterprise is seeking a Licensed Registered Nurse to work in the Family Advocacy Program at Misawa Air Base in northern Japan. Full-time position available. Attractive salary and benefits package offered. Qualified applicants should have a Bachelor of Science Degree in Nursing and current RN License.

For more information, please contact Pat Williams at patcmse@aol.com

Opening date: October 25. Closing date: Open until filled.

Refer to Job Announcement #170.

Education assistance in the Choctaw Nation

for a wonderful holiday season. World news of present and projected strife gives us even greater reason to be grateful to have our homes in a free country and appreciative of the men and women who fight to protect that free-

I am thankful to God for the blessings he has poured onto the Choctaw Nation. Education services have expanded at an amazing rate this past year.

Plans for a full academic school are evolving quickly for Jones Academy. Grades 1 and 2 will be taught on the Jones Academy campus in August of 2003, and classes will be added each year for five more years until all grades are taught at the acad-

Other education news I want to share with you is the addition of a Child Development Center in Idabel. A groundbreaking will be held in the very near future for the facility, which will house a Head Start and a Day Care. The Choctaw Nation currently has three Child Development Centers in Bennington, Coalgate and Stigler. The Idabel Center will be located next to the Independent Living Community.

The Head Start program recently added six new buses to their fleet. Students in Antlers, Broken Bow, Durant, Hugo, McAlester and Wright City are being transported to and from school in these brand new buses. The Council recently approved \$122,673 to be added to the same amount provided by federal funds. A total of \$245,346 was used to purchase the buses.

Eastern Oklahoma State College, Carl Albert Junior College and Southeastern Oklahoma State University are all working very cooperatively with the Choctaw Nation to provide quality education to all Choctaws who wish to attend their facili-

EOSC has an American Indian Center that houses about 70 students, as well as an office for Choctaw Tribal member Tina Ray, who serves as a counselor for the students. This is a tremendous resource for those who have questions regarding enrollment, financial resources and job opportunities. Other education needs Ms. Ray assists with in an advisory capacity include filling out forms and transferring from EOSC to other colleges or universities.

SOSU, in conjunction with the Choctaw and Chickasaw Nations, has remodeled two huge dormitories on campus and has

as an Academic Advisor. Ms. Williams is also a Choctaw Tribal member and she helps students make the transition to university life, with emphasis on assisting American Indian students.

Carl Albert Junior College in Poteau has a large number of Native American students enrolled, and hosts an annual Awareness Day, focusing on tradition and heritage of the Indian population. Some of the students attending class for Physical Therapy Assistant perform their clinicals at the Choctaw Health Care Center.

All three institutes of higher



learning in the Choctaw Nation will have a class in August 2003 teaching the Choctaw Language for six hours of credit.

God bless each of you.

From the desk of Assistant Chief Mike Bailey

Contracts with military add jobs and services

Carl Albert holds Native American Awareness Day

Several years of service as the Chairperson of the Choctaw Management / Services Enterprise (CM/SE) has given me the privilege of representing the enterprise and the tribe overseas. A recent trip to sites in Germany where the Choctaw Nation operates the WIC program provided networking opportunities that have led to the management of a new contract.

CM/SE has been notified of the award of the New Parent Support Program, which is a service to encourage new mothers and fathers to come in and be treated. We have previously performed the service as a subcontractor, but now have developed into the primary contractor.

The New Parent Education and Support Services provides help to all families with children whose ages may range from birth through three years. Staff members make home visits to offer information and support. Services that can be provided include general information, skill development, physical and emotional development, punishment and discipline, community resources, challenges unique to military families, single parenting, infant play and toddler play.

Improving the services that CM/SE offers to military families overseas is very important and



the Chief, Council and I take that task very seri-

I am very appreciative of the men and women who volunteer for our country and am always pleased to support services that provide assistance to them and their families. I am honored to be a guest at military bases overseas later this month to speak at functions celebrating Native American Month.

Students attend American Indian Day

American Indian Day at Eastern Oklahoma State College is sponsored each year as a joint effort of the Choctaw Nation and the college. Native American High School juniors and seniors are bused in from schools all over southeastern Oklahoma so that they can see the campus, learn about financial aid opportunities and speak to educators and other students. This is a very important opportunity for the young people who are making plans to attend an institute of higher learning after graduating high school.



Chaplain's Corner

By the Rev. Bertram Bobb, Choctaw Tribal Chaplain

Thanksgiving Day is a day set aside as a national holiday. A day when we thank God for the blessings He has bestowed upon us. "Praise ye the Lord. O give thanks unto the Lord; for He is good: for His mercy endureth for ever." (Psalm 106:1) We are thankful for this special season when we can remember our God, our Savior and our friends.

Someone made this thanksgiving statement: "Every time I find myself complaining about something I don't have, I am going to say, 'thank you, Lord!' for something He has given me."

That was Paul's attitude when he wrote in 1st Thessalonians 5:18, "In everything give thanks: for this is the will of God in Christ Jesus concerning you."

Paul thanked God for the faith of believers in Romans 1:8. "First, I thank my God through Jesus Christ for you all, that your faith is spoken of throughout the whole world."

Paul thanked God for his personal relationship with Jesus Christ saying in 2nd Corinthians 9:15, "Thanks be unto God for His unspeakable gift." The greatest privilege a man has is the privilege of preaching the Gospel of Jesus Christ. As a matter of fact the most important work in all the world. "O give thanks unto the Lord; call upon His Name: make known His deeds among the people." (Psalm 105:1)

Paul wrote in his second letter to the Corinthians in 2nd Corinthians 4:5, "For we preach not ourselves, but Christ Jesus the Lord; and ourselves your servants for Jesus' sake." In this verse, Paul sets forth the message and the mission and the motive in all Christian service. The subject matter of all true preaching is stated in this verse.

The greatest missionary and preacher of the Gospel ministry the world has ever seen was the Apostle Paul. Paul did the most gigantic missionary work that the world has ever known when he became a preacher of the Gospel. From that hour he faced innumerable difficulties and braved hardships and sufferings all because of his devotion to the Lord Jesus

"We preach not ourselves, but Christ Jesus the Lord." First, Paul states it for us negatively, "We preach not ourselves."

It is very easy for a preacher to preach himself. How does he preach himself? A preacher theories, not what the Word of 18) God says. There are many who preach himself to gain fame, popularity, and publicity in the ministry. Fame is nothing, publicity is nothing, popularity is nothing. Doing the will of God modestly and faithfully is everything, and the record of it is in

Most of the best work done in this world by preachers, not only preachers, but dedicated Christian men and women, has been done, and is being done out in the quiet rural areas of our country, whose work and whose names never get into the papers. If the mighty Apostle Paul had that method, surely we who are lesser and weaker, need to walk in his steps.

Secondly, Paul states his case positively, "... We preach Christ Jesus the Lord." The arrangement of His Name, "Christ Jesus the Lord," is not accidental. It is deeply significant. We preach Jesus, not merely His humanity. We delight in His humanity, His perfect humanity. We love to think of Him as a babe, "born in a stable, laid in a manger ..." We love to think of Him as a lad asking and answering questions in the temple at 12 years of age. But if Jesus was only human, we have no Gospel at all.

We thank God, and praise Him, that we do not preach faith in a dead man. We preach faith in One Who conquered death and brought life, eternal life, through the Gospel. Jesus Christ is our message. We preach Jesus Christ the anointed Messiah, the Godappointed Deliverer. Jesus Christ was more than a perfect example.

Jesus is the world's perfect teacher, but that is not enough. One day at Caesarea Philippi He asked His disciples, "Whom do men say that I the Son of man am?" They answered, "Some say

others say, Jeremiah, or one of the prophets." Then He came closer to them. He asked, "Whom do you say that I am?" Simon Peter answered, "Thou art the Christ, the Son of the Living God." Then He made this response, "On this preaches himself when he rock I will build my church, preaches his own speculations, and the gates of hell shall not prehis own opinions, or his own vail against it." (Matthew 16:13-

> God is manifest in the flesh, making atonement for our sin. He was our substitute taking the punishment for sin. This is the world's hope and the only hope. How the Name of Jesus takes on the meaning of infinite preciousness! "Thou shalt call His Name Jesus, for He shall save His people from their sins." (Matthew 1:21) That is the Name that heals and soothes like a medicine; that is the name that quiets our fears, relieves our agonies and dispels our despair. That is the Name that transforms men and women and sends them out as a witness for Himself.

> But that is not all, "we preach Jesus as Lord." The supreme need for every human being is to have a Lord, to have a Master, men are made to obey. You say that man was made to be free, well, he was. Equally so, man was made to obey, and all is chaos in that human life which does not have the right kind of a master, even Christ Jesus the Lord. The Lord Jesus is the basis for all our services and ministries - When we get away from the Lordship of Christ the nerve of our services and missions is cut and paralyzed.

Perhaps you sense the need of the Savior, our Lord Jesus Christ Whom we have presented. Today, you can agree with God you are a sinner (Romans 3:23), and trust Jesus as your personal Savior by faith and receive the gift of God - Eternal Life. (Romans 6:23) Will you do that?

Will you continue to pray for the United States of America. Pray for the Native American nations and their leaders. Pray for the leaders of our nations for strength, wisdom, and courage. Remember the Veterans! May you have a Great Happy Thanksgiving Day is my prayer for you

Chief Gregory E. Pyle was the keynote speaker at Native Ameri-

can Awareness Day at Carl Albert Junior College in Poteau, sharing information about the importance of heritage and the importance of preparing for the future.

"The Choctaw Nation continues to move toward opportunities to obtain an education. The Tribal Council recently passed an historic Council Bill, putting \$4 million into education scholar-

Chief Pyle said, "If you are of Choctaw descent, we have a scholarship program to help you in your quest for an education. We also have a one-time clothing allowance for students who have completed their first semes-

Students were reminded that applications for Higher Education scholarships have deadlines that need to be adhered to. Requests for financial assistance in the Fall 2003 school year have a deadline of March 15.

Both the Chief and the local Tribal Council Person, Delton Cox, talked of the Language Program that has been launched by the tribe in the past five years. The classes are available on the internet and many public schools. Plans are to open additional classrooms each year at the request of school districts.



Chief Pyle speaks during Native American Awareness Day. Seated are District 4 Councilman Delton Cox and ASIA President Raquel Friemel.



Chief Pyle watches as Head Start students file in to the event at Carl Albert Junior College.



McAlester Head Start visits the Pumpkin Patch.

November 2002, BISHINIK, Page 4



Posting the colors.



Rattan High School student Chris Thomas presents a certificate in appreciation of the Color Guard.



Major General Leroy Sisco wears his new veterans jacket with pride as he speaks to the crowd.



The Rev. Len McCarty and Marvin Ginn of Quinton find the name of Marvin's brother, Joe Ginn, on the World War II section of the memorial.



Annie Cricklin-Barrows, Congressman Brad Carson and Juanita Jefferson.



Lainey Edwards, a Choctaw from Moore, Oklahoma, sings the National Anthem.



Daniel James and children, Brittney and Alan, with Chief Pyle.



Clayton school student plays "Taps" for our fallen veterans.



Bill Durant of Talihina and Jimmy Jones and Turner Silmon of Shawnee.





Martha and Milton Tidwell of Muskogee.



Harold and Jean Reid of Eufaula, Alabama.



Brad Joe, Lena Johnson and Patty Mink are the Choctaw Ambassadors.



Duane Anderson of Pryor visits with Assistant Chief Mike Bailey. Mr. Anderson is a former resident of Tuskahoma.



Ella and Willie Walley of Bennington.



Bill Sudbury of Thackerville.



Joe Taylor, Chief Pyle and David **Bobb.** David is the highest ranking enlisted Choctaw.



Council Speaker Kenny Bryant thanks his fellow veterans



Antlers second-graders perform "God Bless America" in sign language.

Healthy ways to stay active and control diabetes

the United States who have diabetes. Unfortunately, 5.9 million of those don't know it. That's why diabetes is often known as the "silent killer." Without a blood test or evident symptoms, it is quite difficult to detect if you are suffering from the disease or disorder.

Diabetes comes in two types: Type 1 is a disease in which the body does not produce any insulin, most often occurring in children and young adults. People with type 1 diabetes must take

There are 17 million people in daily insulin injections to stay alive. It accounts for 5 to 10 percent of diabetes. Type 2 is a metabolic disorder resulting from the body's inability to make enough, or properly use, insulin. It is the most common form of the disease. Type 2 diabetes accounts for 90 to 95 percent of diabetes.

> A greater prevalence of obesity and sedentary lifestyles in this country is quickly pushing diabetes to epidemic proportions. As a result, exercise should be a major part of your general health program as a diabetic. According

to Dr. Russell D. White, M.D., a are safe for your particular improve fitness and heart health. program can help stabilize your blood sugar, reduce your need for insulin and medication, and keep your weight under control. Diabetes increases the risk of heart disease, but exercise can lower it. Best of all, exercise helps you get more out of life.

However, because of the risks associated with the diabetes, a complete health evaluation by a healthcare provider should precede any new exercise program. He or she may also be able to recommend certain activities which lifestyle.

GET PHYSICAL

In general, aerobic activities are some of the best ways to keep in shape and control the disease. Exercises like walking, jogging, biking, or swimming can raise your pulse and make you breathe harder. You'll get maximum benefits if your participate in 30 minutes or more of an activity at least three times a week. In addition, strength training (weight lifting) can also help

SAFETY PRECAUTIONS

There may be some exercises you should avoid and health precautions you should heed. Here are some important pointers:

• If you become dizzy or lightheaded when exercising in an upright position, swimming or biking are better than hiking or jogging.

• If you have poor sensation in your feet, take special care to choose proper footwear and consider low-impact exercise (swim-

ming, biking or rowing) rather than walking or jogging.

• Check your blood-sugar levels before and after workouts and every 20 to 30 minutes during prolonged exercise. (Many activities burn 500 to 600 calories an hour.) If your blood sugar is under 100 mg/dL eat a snack containing 15 to 30 grams of carbohydrate before you exercise. If your blood sugar is excessive (over 250 mg/dL for people with type 2 diabetes; over 200 mg/dL for those with type 1), postpone exercise until you bring it down.



Durant Head Start learns about the fire department.

Mobile Wellness Unit delivering health screenings, best wishes this holiday season!

Services Mobile Wellness Unit will be available in December to screen for diabetes, blood pressure and cholesterol. In addition, hearing screenings will be provided on December 20 in Hartshorne and Haileyville.

Little Dixie business counselors will also staff the center to provide business support and training for those needing help developing a business plan, obtaining small business financing, advertising/marketing, creating a website and other needs.

Check our complete schedule of stops and services provided below. If you need further information, please call 1-800-349-7026, ext. 7126 or 6675.

The holiday season can be an especially challenging time when you have diabetes. Family gatherings, office parties, neighborhood potlucks – every get-together during this part of the year seems to center around food, and plenty of it. Each occasion poses dietary challenges that have the potential to put good blood sugar control at risk.

How can you stay in the spirit of the season and still remain in

Choctaw Nation Health Care charge of your diabetes? Here are that turkey contains fewer caloa few strategies to help you handle holiday eating temptations without spoiling your fun:

Plan ahead

Think about what you want to eat and how the carbohydrates and calories fit into your meal plan.

Eat something before you go

Have some vegetables, a salad or a light snack before you go, so you won't be tempted to overeat when you get there.

Keep your perspective

Don't beat yourself up if you don't meet your goal. Simply, adjust your eating habits at the next event and/or plan time to be more

Portion control

few items that are low in fat, sugar beets, fennel, turnips, or brussel

Use substitutes

Substitutions can cut down on calories and fat in your favorite holiday recipes. Try using chicken broth and skim milk instead of butter, egg whites instead of the whole egg or replace mayonnaise with nonfat yogurt.

Meat and ...

The best part of the holiday meal is the main dish. Remember ries per ounce than ham, and white meat is lower in fat than dark meat. Also, remove the skin from chicken or turkey to get rid of that extra fat. For a fresh idea, try serving pork loin roast or seafood. Both selections are low in fat and are a nice alternative to the traditional holiday meal.

... Potatoes

Mashed potatoes are a holiday favorite, but beware, they are often loaded with fat and calories. Try making them with water, skim milk, olive oil, garlic and less butter. Or, substitute them with another favorite potato – baked

Vegetables

Veggies, of course, make Try selecting one serving of a healthy appetizers. Try asparagus,

Exercise

Put on your walking shoes and head for the pavement or the mall. Spend your extra holiday hours making sure you take your walk once (or even twice) a day to lower blood glucose levels. Or increase your other activities rake some leaves, take the steps instead of the elevator, walk the dog or play with the kids.

BATTLE DIABETES AND WIN!

♦ Poster Series

Entries in a recent Diabetes Awareness contest included, clockwise from top right, Rhylee Sanford, Kindergarten, Quinton; Michael Sisco, Kindergarten, Quinton; Nicholas Freas, 4th grade, Coalgate; Maria Santillan, 5th grade, Hugo.











WELLNESS CENTER SCHEDULE

December 2002 **Date** 9:30-12 noon 1-3 p.m. December 3 Summerfield - Store LeFlore - Community Center Cholesterol, diabetes & blood pressure screenings, Alzheimer's & dementia education & prevention December 5 Battiest - Boys and Girls Club Bethel - Community Center Cholesterol, diabetes & blood pressure screenings; Alzheimer's & dementia education & prevention December 10 Finley - Store Rattan - Store Cholesterol, diabetes & blood pressure screenings; Alzheimer's & dementia education & prevention December 13 Rock Island - Main Street Cameron - Hwy. 112 Cholesterol, diabetes & blood pressure screenings; Alzheimer's & dementia education & prevention December 17 Coalgate - Community Center Lehigh - Main Street Cholesterol, diabetes & blood pressure screenings; alzheimer's & dementia education & prevention December 20 Hartshorne - Library Haileyville - Main Street Hearing, cholesterol, diabetes & blood pressure screenings; alzheimer's & dementia education & prevention December 31 Octavia - CJ's Store Big Cedar - Store

Cholesterol, diabetes & blood pressure screenings; alzheimer's & dementia education & prevention

Choctaw Hymn Songs Available on Compact Disc

Recorded by Boiling Springs United Methodist Church Allen, Oklahoma Over 20 different songs recorded with the new and old tunes. \$17.00 each

> **Order information:** Phone: (580) 272-0905 e-mail: frazier_ron@hotmail.com Write: Boiling Springs Church c/o Rev. Jeff Frazier

> > Rt. 8 Box 224

Ada, OK 74820

Hobbs triplets' 16th birthday

Everyone is welcome to attend a singing in honor of Kandace, Kayla and Kim Hobbs' 16th birthday. It will start at 6:30 p.m. Friday, December 13 at the Matte-Terry Building (Commu-

Christlike from Duncan, Oklahoma; Chosen and Wayside Trav-

Singing celebrates

nity Center) in Valliant. Featured guests include elers from Hugo, Oklahoma.

All ages take steps to raise awareness

The Fall Foliage Festival was the perfect setting this year for the annual Choctaw Nation Diabetes Walk and Run. The event was organized by the Choctaw Nation Health Services Authority and Preventive Health Services Department and was sponsored by Kimball's Super Foods, Pfizer Pharmaceuticals and

Roger's Ready Mix. We would like to thank our many volunteers who helped make this event a great success! Over 80 people of all ages participated in the event to help raise awareness of diabetes. In addition, 25 people consented to have free health screenings performed which included cholesterol, glu-

cose and blood pressure checks. Gary Batton, Executive Health Director for Choctaw Nation Health Services Authority who also participated in the run, said, "We would like to encourage everyone to maintain happy, healthy lifestyles by eating properly and enjoying some kind of physical activity on a regular basis to prevent diabetes and its

serious complications." Diabetes is a disorder of metabolism in which people have problems converting food to energy. It is the leading cause of adult blindness, kidney failure, and non-traumatic amputations and is a major cause of bership Card.

heart disease and stroke. Prediabetes or impaired glucose tolerance is a common condition in which blood glucose levels are higher than normal but not yet diabetic.

Research shows that most people with pre-diabetes will likely develop diabetes within a decade unless they make modest changes in their diet and level of physical activity, which can help them reduce their risks. For a diagnosed diabetic, being physically active helps the insulin your body makes work better and can improve blood glucose levels.

Following are the risk factors for Type 2 diabetes:

- Family member has diabetes
- Overweight • Inactive lifestyle
- Smoking
- American Indian
- Gestational Diabetes

The Preventive Health Services Department is available to provide group health screenings at your organization or place of business. Please call 567-7000 or 800-349-7026, ext. 6675 for further information or to reserve a

Choctaw members eligible for many tribal programs

Please keep in mind that to qualify for Choctaw tribal programs,

you must be a tribal member. If you have a CDIB, which is the federally issued Certificate of Degree of Indian Blood, but not a Choctaw Nation of Oklahoma Membership Card, you will need to apply for a Membership Card to qualify for the many beneficial tribal programs. This includes all children.

When you have a baby, please apply for the child's CDIB and Tribal Membership as soon as you receive the state birth certifi-

The school your child attends could receive money from the federal government for having Indian students enrolled.

Your child may also be eligible for school supplies and several other benefits under their school's programs.

It's never too early to apply for your children's CDIB and Mem-

People You Know



Look who's two!

Jake James Hanson turns two years old on November 27. His parents, John and Pam Hanson, are very proud of Jake.

Grandparents are Patricia "Nana" Ammann, Walt and Mona Renehan and Reuben and Janet Hanson. Godparents are Jamie Hanson and Heidi Reinbold. Happy birthday, Jake!



Happy birthday!

Birthday wishes go out to Nichole Evans of Wilburton, Oklahoma from Nathan Evans and Ann Lalli of Oklahoma; Sue and Jim McEvers, Shirley and Larry Nye, and Danny, Jill and Daniele Moore, all of Jacksonville, Florida; Deborah Evans, Michael Williamson, Troy Williamson, Lora Ann, Roy, Amber



and Jenna Robinson of Hallsville, Texas, Amy Patrick Bacio of Dallas, Texas; Cephas Jr. Moore and Carol Moore of St. Louis.

Nichole is the daughter of the late Bobby and Glenda Evans and the granddaughter of the late Lora Mae Isaac Evans of Wilburton, Oklahoma.

Danny turns 42

Danny Moore of Orange Park, Florida turned 42 on November 10. Wishing him a happy birthday are his wife, Jill; daughter, Daniele Moore; mother, Sue McEvers; Jim McEvers, Shirley, Larry Nye of Jacksonville, Florida; Jr. and Carol Moore of St. Louis; Nathan Evans, Ann Lalli and Nichole Evans of Oklahoma; Deborah



Evans Williamson, Michael, Troy Williamson, Lora Ann Evans, Roy, Amber, Jenna Robinson of Hallsville, Texas; Amy, Patrick Bacio of Dallas; C.L. Cindy Moore of Jacksonville; Denver and Sherry Moore of Alabama, and Louie Moore.

Danny is the grandson of the late Lora Mae Isaac Evans and the late Victor Moore of Wilburton, Oklahoma.

Daniele's a teenager!

Look who is turning 13 years old on December 12 – Daniele Moore of Jacksonville, Florida. Wishing her a happy one are her mom and dad, Danny and Jill Moore; grandmother, Sue McEvers; Jim McEvers, Shirley and Larry Nye, Amy and Patrick Bacio, all of Florida; Ann Lalli and Nichole Evans of Oklahoma; Cephas and Carol Moore of St. Louis; Nathan

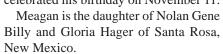


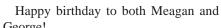
Evans of Missouri; Deborah Evans, Michael, Troy Williamson, all of Texas; Lora Ann, Roy, Amber, and Jenna Robinson, all of Hallsville, Texas; Denver and Sherry Moore of Alabama and Louie Moore.

Daniele is the great-granddaughter of the late Vick Moore and Lora Mae Evans of Wilburton, Oklahoma.

Meagan turns 12

Meagan Billy, a sixth-grader at Santa Rosa Middle School, turned 12 years old on November 8. Her uncle, George Billy, celebrated his birthday on November 11.





Celebrating eighth

Dakota Thomas turned eight years old on November 11. He is the son of Jessica and Rusty Wilson of Monroe, Louisiana and Joe Thomas of Boswell, Oklahoma.

Grandparents are James and Lori McLeroy of Detroit, Texas and Linda Thomas of Boswell, Oklahoma.

Wishes for a happy birthday are sent to Dakota from his sisters and brother, Tiffanie Thomas of Monroe, Meridian

Thomas of Hugo, Oklahoma, Kevin Day of Monroe and Taylor Linda Mood of Boswell, Oklahoma.

"You're getting big and doing wonderful in school!" - Mom &

Happy first, Breanna!

Breanna Katie Stephen, the daughter of Randy and Delorie Stephen of Abbotsford, Canada, will turn one year old on January 1.

Proud grandparents are Lynn and Carolyn Stephen of Atoka, Oklahoma.

Wishing her a happy birthday from Oklahoma are Nanney, Papa, Courtney and Chelsie.

Belated birthday wishes

A belated happy birthday to a special great-granddaughter, Brionne Tamesen McWalters, from her great-grandmother, Sarah Farley of Burleson, Texas.

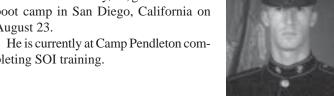
Brionne turned 18 years old on October 1.

PFC Berry in training

PFC Justin C. Berry, 19, graduated from boot camp in San Diego, California on August 23.

pleting SOI training.

System. Happy birthday!



Happy birthday to Walter L. Berg

Walter L. Berg of Tulsa, Oklahoma turned 48 years old on No-

vember 16, 2002. Walter works as a lot checker for Central Parking

Look who's two!

The parents of Cody Wayne Elliott would like to wish him a happy birthday! Cody turns two years old on November

Cody's parents are Tommy and Carma Elliott of Durant, Oklahoma.

His grandparents are Toy and Barbara Marlow of Durant and A.J. and Penny McCann of Bokchito, Oklahoma. We love you so much!

Happy tenth, Kimara

Birthday wishes go out to Kimara Wallace who turned ten years old on November 10.

Kimara was placed on the Honor Roll at Justiss Elementary School in Paris, Texas for the first six-week period. She is a member of the Olive Branch Baptist Church where she serves faithfully on the

junior usher board and is a member of the junior choir. Her proud parents, Pat Wallace and Kim Spraglin, would like to say, "Happy birthday, baby girl! We are proud of you and are very blessed to have you in our lives. Keep up the good work!"

Happy 40th birthday

Nancy John Denton turned 40 on No vember 24. Nancy is from McKinney, Texas and is employed at Texas Medical Center where she has worked in the labor and delivery department for five years.

Nancy had the wonderful experience of assisting in the delivery of her first grand-

She has two children, Amy Baker Vega and Mikie Baker. She is the daughter of Teresa and the late James John of Garvin, Oklahoma. "May God bless you now and forever, Nancy. I love you very much!" - Mom

Happy birthday!

Selena and Jasmine would like to send happy birthday wishes to their grandfather, Herman Ragsdale, who celebrated his birthday on October 6.

Also wishing Herman a happy birthday are his wife, Margie, and daughter, Cheryl.

Happy first birthday

Mika Ida Taylor celebrated her first birthday on October 9. She is the daughter of Hobie and Martha Taylor of Sobol, Oklahoma and the granddaughter of Edgar and Hazel Taylor of Sobol and Dora Caldwell of Antlers, Oklahoma.

Mika also sends a belated happy birthday wish to her Uncle Meno of Antlers.

Khayean turns one

Justin and Karri helped their little sister, Khayean, celebrate her first birthday with a dinner at Idabel on October 13. They were joined by aunts, uncles, friends and cousins.

Khayean is the daughter of Buck and Sandra Byington of Broken Bow, Oklahoma. Grandparents are the late Osbine and Maecian Bond of Bethel, Oklahoma

and the late Roston and Helen Byington of Idabel, Oklahoma. Khayean's great-grandmother is Ella Austin of Idabel.

88 years young

Happy birthday to Janie Flowers who celebrated her 88th birthday on August

She is the daughter of Frank and Ella Williams. Frank was a fullblood Choc-

Happy birthday!

Chris and Kamryn would like to wish their brother, Junior, a happy fourth birthday on November 19. Junior attends Choctaw Nation Head Start at Wright City, Oklahoma.

Chris, Kamryn and Junior are the children of Wayne and Michelle Baker of Wright City. Their grandparents are Faye and Bert Holt of Antlers, Oklahoma and Lavada Baker

Congratulations!

of Wright City.

Congratulations to Kamryn Rene Baker of Wright City, Oklahoma. She entered her first Sunburst USA Beauty Pageant on October 13, 2002. She received two trophies, one for first runner-up and one for photogenic. She also received a crown for having the most sponsors. Kamryn qualifies for the state finals in May in

Oklahoma City. Kamryn is the daughter of Wayne and Michelle Baker. Her grandparents are Faye and Bert Holt of Antlers and Lavada Baker of Wright

Happy birthday, Velma Branham!

Velma Branham of Lexington, Oklahoma turned 91 years old on October 22. She celebrated her birthday with relatives on October

Helping in the celebration were three of the four children of her late brother, Barton Wright - Barton Wright, Jr., of Albuquerque, New Mexico, Patricia Ammann of San Antonio, Texas and an employee of Choctaw Management/Services Enterprise, and Melvin Wright of Mesquite, Nevada. Roger Wright of Buena Park, California was unable to attend. Patricia's son, Kenneth Renehan, of San Antonio, Texas and Melvin's daughter, Teri Esteban, of Castaic, California were also in attendance.

Ms. Branham has two sons, Paul and George King, who reside in California. She is a full-blood Choctaw.

Look who's three!

Proud Granny Mattie B. Jones of Kiowa, Oklahoma would like to wish one of her precious little great-grandsons, Noah Parker Morgan, a happy third birthday on November 28.

Happy birthday, Parker!

Happy third birthday!

Leslie Acuña will turn three years old on November 26. She is the daughter of Robert and Robin Acuña of Caddo, Oklahoma. Leslie's grandparents are Jimmy and Rita Vinyard and Larry and Terry Williams, all of Boswell, Oklahoma and Ray Acuña, Sr. and the late Virginia Acuña of Olney, Texas.

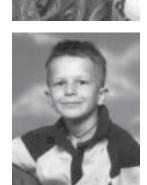


Lann brothers celebrate

Christopher James Lee Lann turned nine years old on August 31. He plays baseball, football, soccer and tennis. He is a third-grader at Cavanaugh Elemen-

Cherokee Blake Lee Lann turned seven years old on October 22. He plays T-ball, soccer, and basketball. He is in first grade at Cavanaugh Elementary School where he is an honor student.

Proud parents are Chris and Katrina



Happy 34th!

Happy 34th birthday on October 15th to Deborah Ilene Moore from her Mom and Dad.



Happy ninth, Zach!

Phyllis Leach of Spiro, Jesse and Jeannie

of Poynor, Texas, Don and the late Jo Stephenson of Bowie, Texas

Happy birthday and lots more with love from your family.

Will and Lila Kemp of Ft. Towson celebrated their 34th wedding anniversary on

Their son, Warren, and grandchildren, Kimberly and Joseph, were with them for



Happy birthday

Happy birthday wishes are sent to our sweet Hayley from her Granna, Pa, Bo, Mimi, Mommy, Daddy, Tammy and Billy Whitley. Have the best eighth birthday

October 27 is your day!



Belated wishes for a happy birthday are sent to Robert Briley, Jr. He turned three years old on September 15. His parents are Robert and Edwanna Briley of Wright City, Oklahoma. His grandparents are Lavada and the late Madison Baker of Wright City. The late Hosie and

Also, C.J. Monica and Richard would like to wish a belated happy birthday to their uncles, Mike Baker on September 8, and Bo Baker on September 14.

Look who's eight!

Happy eighth birthday to Leandrea Jefferson on November 29. She is the daughter of Robert and Angela Jefferson, the granddaughter of Truman and Bertha Jefferson of Idabel, Oklahoma and the great-granddaughter of Hattie and Armond Williamson of Sulphur, Okla-



The big 1-4!

Happy big 14th birthday to Victor "Keese" Jefferson of Idabel, Oklahoma

He is the son of Vicky Bailey of Idabel and the grandson of Truman and Bertha Jefferson of Idabel.

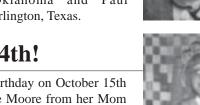
James Tyrone was born November 21, 1992 in Ada, Oklahoma. Tyrone has a big brother, Brock, and two sisters, Whitney and Gracie. His parents are James and Priscilla Wallace of Idabel, Oklahoma. Grandparents are Truman and Bertha

Happy birthday!



tary School where he is an honor student.

Lann of Ft. Smith, Arkansas, Grandparents are Katherine and the late Travalo Garlin of Ft. Smith, Jim and Barbara Lann of Cushing, Oklahoma and Godfrey and Bobbie Duckworth of Ocean Springs, Michigan. Their great-grandparents are Joanna and the late John Pope of Hartshorne, Oklahoma, Stella Short of McAlester, Oklahoma and Paul Duckworth of Arlington, Texas.



Zachary DuWayne Hood-Moore turned nine years old on August 23. He is the son of Gina Moore of Spiro, Oklahoma and Terry Hood of Van Buren, Arkansas. Zach is the brother of Briana Derby-Moore. His grandparents are Shuburt and

and Harold and Hanna of Lakeland, Florida.

Happy anniversary

ice cream and cake.



ever! We love you.

Belated birthday wishes

Earenstine Briley of Valliant.

homa.



on November 16.



Jefferson of Idabel.

Happy birthday, Velma!

Celebrating 101 years

The family of Marie Boudreau is delighted to wish her a happy 101st birthday! Marie remains an inspiration to all who know her.

Marie is one of the few remaining living original enrollees of the Choctaw Nation. She was born November 5, 1901 in Antlers, Oklahoma.

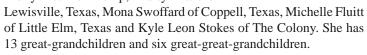
To this day, Marie is alert and active. Weaving and playing Bingo are two of her favorite pastimes.

Happy birthday, Mamaw! We love you!



Goldia Phillips of Denison, Texas, an original enrollee, turned 97 years old on September 23. A birthday party was held at the Homestead of Denison.

Mrs. Phillips has two daughters, Gloria Sharp of Denison and Mackie Stokes of Kemp, Oklahoma. She has six grandchildren, Mary Jernigan of Tampa, Florida, Molly Beck of Kemp, Marty Little of

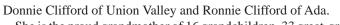


Happy birthday!!!

Happy 88th, Mary

Mary Lois Goer was born November 19, 1914. She recently celebrated her 88th birthday. Born at Lula, she is 3/8 Chickasaw/Choctaw.

Her daughters are Maxine Sweat and Marcine Brooks, both of Lula, Helen Leader of Bowlegs, and Debbie Kendrick of Ada. She also has four sons, John Clifford of Lula, Dickie Clifford of Allen,



She is the proud grandmother of 16 grandchildren, 33 great-grandchildren and a great-great-grandson, Payton Stinnett, and a greatgreat-granddaughter, Justine Thompson.

Being the matriarch of five generations has given Mrs. Clifford great joy. A graduate of Chilocco Indian School, she has lived in the Ada area most of her life.

Happy 86th, Ruby

Ruby Pauline Porterfield celebrated her 86th birthday. Her father, Julius Hogan, was an original Choctaw enrollee.

Ruby was an employee of the Medical Center in Talihina, Oklahoma and Haskell Institute in Lawrence, Kansas for several years. She is a longtime resident of Talihina and she loves to attend gospel singings.

Your daughter and grandchildren wish you a very happy birthday!

Happy 75th, Nan Nannie Bell Secor Frahm, born and raised in Shawnee, Oklahoma, and now residing in Needles, California, turns 75 on December 8. Nan is the oldest of four

children of Austin and Bessie Secor. Wishing Nan the best on her birthday are her daughters Nannette, Lillian, Katherine, and Valerie; her son, John; her stepchildren, Sharon, Burney, and Lynette

and their families. Nan has lived through raising many children and deserves to have her birthday celebrated.

Happy birthday

Happy birthday to Shirley Jean Namey on November 24 and to Kaylin Craun on November 29.

Kaylin will be turning six years old on her birthday.





Celebrating fifth

Happy birthday wishes are being sent to our special little girl, Miss Tallie Anderson, from Mommy; brother, Christian, and Daddy, Roger Anderson, all of Shawnee, Oklahoma. Tallie will celebrate turning five with a Barbie birthday party on No-

vember 29 at "Uncle Loyd's" house with family and friends. We all love you very much, Sister, and wish you the best birthday

Todd turns two

Todd Johnson of Lemoore, California turned two years old on October 25. He is Choctaw angel #4.

Todd is the great-grandson of Andel Dale Hunter, an original enrollee.

Special birthday wishes from Mom, Dad, Darrian, Jaiden, Grandma and Grandpa Boles, Grandma and Grandpa Johnson, Uncle Joe, Aunt Shi, Aunt Julie and all your cousins. We love you!

Happy birthday!

Cathy Taylor would like to send a very special happy birthday message to Arturo Navarro on November 4. Cathy and Arturo both live in Dallas, Texas.

"Happy birthday, Arturo, with lots of



Richard W. Ray, also known as Bud Ray, turned 44 on November

25. Happy birthday, Bud, from your mom, Charlett Juanita Ray.

Proud Choctaw!

Magenta Robinson who currently resides in Louisville, Kentucky, graduated from Jeffersontown High School on May 22, 2002. She is attending Bellarmine

University in Louisville this fall. Magenta received the Monsignor Horrigan Scholarship and will also receive annual monetary awards from the state of Kentucky for her academic achievements.

Magenta would like to thank all those

who attended her graduation - her parents, James and Christy Robinson; her sister, Elizabeth Robinson; uncle, Roy Robinson, Jr. and wife, Vangie; aunt, Virginia Espinoza and her favorite cousin,

She plans to study Early Childhood Education and psychology. We are very proud of you, Magenta!

Scholarship recipient

Coral L. Steffey-Duarte, a first-year student at the University of Texas Health Science Center, San Antonio, has been selected as an Outstanding Rural Scholar through the Texas Office of Rural Community Affairs. She has been awarded a scholarship from the Outstanding Rural Scholar Recognition Program and cosponsor Christus St. Joseph's Health System. The award includes tuition and fees,

books and supplies, room and board, transportation and personal expenses. Her educational focus will be pediatrics.

She is the daughter of Carl and Donna Steffey of Brookston, Texas. Grandparents are Lowell and Elaine Steffey of Petty, Texas, Ella Jones, Reno, and Scott and Mary Ferguson of Sulphur Springs, Texas. Greatgrandparents include Edith Ferguson and the late Scott C. Ferguson, Sr. of Soper, Oklahoma and Ella Stanfield and the late Glen Stanfield of Sawyer, Oklahoma.

with a degree in Biochemical Science, a Foreign Language Citation in Spanish and completed the Undergraduate Teacher Education Program. She received a Dunster Shield for her volunteer work with children.

recognized as a member of the 2006 graduating class, Doctor of Medicine, Allopathy. Students took the Hippocratic Oath, received their medical white coats and were challenged with the goal of pursuing medicine from both a scientific and humanitarian perspective.

Surgery Club, Pediatrics Interest Group, and the Medical Student Psychiatric Club. Upon completion of her medical training, Coral will begin practice in the sponsoring community of Paris, Texas

fine arts competition at the Kern County Fair held in Bakersfield, California. He won first place in the professional division and honorable mention in oil. He finished second in abstract and first in sculpture.

Jefferson, an original enrollee.

Teacher receives AA

Sharon Carter, a teacher employed by the Choctaw Nation, recently received her Associates of Arts in Child Development from Carl Albert State College.

Antlers Center.

Happy second birthday on November 21 to Inola Lowery. Her parents are Leona and Jason Lowery of Poteau, Oklahoma. She has a sister, Winter, and a brother, Trent. Inola is the granddaughter of Regina Gayle Johnson and the greatgranddaughter of Roy and Geraldine James of Poteau.

David E. Haines, a fifth-grader at Blanchard School, plays all sports and has been an outstanding player with the 12 years and under teams. On free time, he bowls at Norman. He has made it to state two times and has earned many ribbons, plaques and trophies. His favorite is a football signed by OU players.

David will be 12 years old on November 20. His mom, Verda, works with the

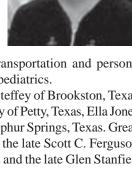
Blanchard. Happy birthday, David!

Happy birthday to Alexis Martin.

Happy birthday to Trina Gipson! She turned 28 on November 20.

Happy tenth birthday to Brittany Sue Great-Grannie Lilley.

Hope you had a wonderful tenth birth-



Coral graduated cum laude from Harvard University in June 2002

At the UTHSCSA White Coat Ceremony on June 30, Carol was

Coral is a member of the Texas Medical Association, UTHSCSA

Artist's work wins

Kevin Hardin was a recent winner in the

Kevin is the great-grandsonn of Israel

Sharon has been employed with the Tribe for four years and is the lead teacher at the

Congratulations!

Inola turns two

Outstanding at sports

Chickasaw Gaming Center in Newcastle. David and his mom live in

Alexis turns seven

Alexis turned seven years old on November 16.

Trina turns 28

Trina is one-quarter Choctaw and lives in Atoka, Oklahoma.

Brittany turns ten

Hampton from Dad, Mom, sisters Hailee and Elizabeth, Nannie Brenda and Papa Gene, Uncle Scottie, Nannie Dorothy and

day on October 27!







Grandma.

of Poteau, Oklahoma. She is the granddaughter of Regina Gayle Johnson. Great-

grandparents include Roy and Geraldine James of Poteau.

Happy birthday Happy birthday to Roy James on November 27 and

to Geraldine James on December 29, both of Poteau, Oklahoma, from all of your loved ones. We love you! Roy and Geraldine are the proud parents of Gina, Jerry,



Belated birthday wishes

Washington intern Joshua McCollum of Lumberton, Texas was selected for the Washington Internship for Native Students (WINS) Program at American University. McCollum was one of 74 students chosen from across the country and will represent the Choctaw

Nation. Joshua attended two classes and interned at the Social Security Administration for ten weeks. The internships pro-

vide students with firsthand experience at a government agency. The classes include an academic study of the history and development of federal government law and policy and American Indian communi-

Upon completion, each student earned six academic credit hours. In addition, each student had the experience of having completed a significant professional internship and will have the recommendations and references to build upon in future career development.

Enos receives degrees

On May 24, Carolyn Jean Enos received two AA degrees, one in Liberal Arts and another in Transfer Studies with a concentration in Psychology, from Allan Hancock College in Santa Maria, California.

While Carolyn was at AHC, she was an active participant in the Student Body Government Association and in leadership and honors programs. Carolyn was employed as a tutor in the English department and promoted to an English Learn-

ing Facilitator in her first year. In her second, she was employed as a Peer Advisor in the EOPS academic counseling department.

Carolyn received the EOPS Academic Achievement Award Scholarship and Graduation Medallion, the Allan Hancock College Foundation Scholarship, Honors Academic Achievement Scholarship, Learning Facilitator Participation Certificate, was noted in Who's Who Among Students in American Junior Colleges and was an active member of the EOPSA, Multi-Culture Club and the Chess Club.

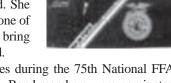
She is currently enrolled as a junior at California State University Monterey Bay in the Social and Behavioral Science Program with a concentration in Anthropology. After Carolyn receives her BA, she will begin graduate school and earn a MA in Education. She plans to secure a position as an academic counselor in a Native American community college.

Carolyn truly appreciates the unfailing support from the Choctaw Nation Higher Education Program. "I could not have realized my educational goals without the help of the Choctaw Nation. Thank you very much. She is the great-granddaughter of original enrollee Anna Elizabeth Lowe-Motley.

Student strikes a chord

During the nation's largest annual youth convention, October 30-November 2, Sara-Jane Smallwood shared the spotlight in a musical performance that inspired the crowd and provided memories to last a life-

Sara-Jane, president of the Clayton, Oklahoma FFA Chapter, was selected to play flute in the National FFA band. She submitted an audition tape and was one of 100 FFA members selected to help bring



full instrumental balance to the band. The band performed several times during the 75th National FFA Convention in Louisville, Kentucky. Band members were nominated by their state associations and chosen from a pool of more than 250

Symphoni turns five

Symphoni Jayne Shomo celebrated her

fifth birthday on September 10, 2002. Her parents are Chris and Sandra Shomo of Tahlequah, Oklahoma. Grandparents are Johnny and Venita Shomo of Idabel, Oklahoma and Chester and Susie

Nofire of Stillwell, Oklahoma. Happy birthday, Symphoni!

Wow, a teenager!

Happy birthday to John Calvin Cockrell, Jr. He turned 13 years old on November 8. We love you very much – Mom, Dad, sisters, brothers and



Winter is three

Happy third birthday on November 16 to Winter Lowery. Winter's parents are Leona and Jason Lowery of Poteau, Oklahoma. She has a sister, Inola, and a brother, Trent. Winter is the granddaughter of Regina Gayle Johnson and the greatgranddaughter of Roy and Geraldine James of Poteau.

Happy second birthday

Happy birthday to Carissa Ford. She turned two on September 19.

Her parents are Carmen and Chris Ford



Dodie, Garry and Marcia.



Johanson L. Watson would like to send belated wishes for a happy birthday to his daughter, Heather (Schutt) Linn. Heather turned 23 years old on September 17. Happy birthday!

November 2002, BISHINIK, Page 8



The Crowder FFA club gave Chief Gregory E. Pyle a plaque thanking him for his help with their activities during the past school year.



Concetta Gragg and Joyce Nale Wilcox presented Councilman James Frazier with a gift at the dinner.



Wynoka Byington teaches a group of young people the Lord's Prayer in sign language.

Crowder Appreciation Dinner



Choctaw singers entertained with beautiful hymns.



A huge crowd came to the new Crowder Center to honor their Chief and Councilman.

VOCATIONAL REHABILITATION

AND DISABILITY EMPLOYMENT PROGRAM

Wednesday

4 McAlester 5

10 am-2 pm

Stigler

by appt. only

Coalgate

10 am-2 pm

Atoka

10 am-2 pm

Holiday

18

25

19

26

Thursday

Friday

Idabel

10 am-2 pm

Broken Bow

9:30 am-2 pm

Poteau

11 am-1:30 pm

Wright City

9:30 am-2 pm

21

20

A Vocational Rehabilitation and Disability Employment Repre-

sentative will be available at the locations listed above. A repre-

sentative is available Monday thru Friday 8-4:30 except for holi-

Saturday

Tuesday

Durant

10-12 noon

McAlester

by appt. only

Holiday

Wilburton

17

24

Sunday

15

22

29

Monday

Talihina

10 am-2 pm

Antlers

1-3:30 pm

Durant

by appt only

Bethel

16

23

30

Joyce Wilcox wrote poems in honor of Chief Pyle, Assistant **Chief Bailey and** Councilman Frazier.

Whole grains for healthful eating

The goodness

of whole grains

Have you heard that whole grains may help reduce the risk of heart disease and certain cancers? Whole grains are made up of all parts of the grain – the bran (or fiber-rich outer layer), the endosperm (middle part) and the germ (the nutrient-rich inner part). When grains are milled, or refined, the bran and germ portions are removed, leaving only the endosperm. By contrast, whole grain foods contain all three layers of the grain.

When you eat a variety of whole grain foods, you get the nutritional benefits of the entire grain. Whole grains contain many other natural plant compounds called phytochemicals. Scientists believe phytochemicals in whole grains, together with the vitamins, minerals, and dietary fiber, may contribute to whole grains' health benefits.

Labels can help you get more whole grains

Check out food labels to help you choose more whole grain foods each day. Look at both the Ingredient List and the Nutrition Facts panel and try to choose foods that list a whole grain as the first ingredient. Some whole grain ingredients to look for in-

- Whole wheat
- Whole barley
- Whole oats · Cracked wheat
- Graham flour • Whole oatmeal

Also look for a "whole grain" claim on other parts of the package labels. For qualifying foods, the government has approved a health claim that recognizes the health benefits associated with diets rich in whole grains. This claim makes it easier for you to identify foods that are rich in whole grains.

The health claim states, "Diets rich in whole grain foods and

WIC WOMEN, INFANT & CHILDREN

other plant foods and low in total fat, saturated fat and cholesterol may help reduce the risk of heart disease and certain cancers.

Your best breakfast bet is whole grain cereal

Whole-wheat cereals, including shredded wheat, are an ideal whole grain choice for breakfast. A breakfast comprised of a bowl of whole-wheat cereal with milk and fruit supplies about 6 grams of fiber. Health experts recommend that adults eat 20 to 35 grams of dietary fiber daily, but on average Americans eat only about 15 grams a day. Boost your fiber intake by adding one or two servings of whole-grain foods.

Enjoy healthy eating and snacking with whole grains

The foundation of a nutritious

diet begins with grain products cereal, rice, bread and pasta - and are typically low in fat, saturated fat and cholesterol. Grain foods provide carbohydrates the body needs for energy and essential vitamins, minerals and dietary

The Food Guide Pyramid recommends that adults eat six to eleven servings of grain foods daily; several of those servings should be whole grains. Here are some tips to help you get more whole grains each day:

- · Stock your pantry with staples made from whole grains: cereal, brown rice, low fat wholewheat crackers, breads and rolls.
- · When eating away from home, select a whole grain cereal for breakfast.
- Make a habit of requesting foods made from whole grains like whole wheat breads and rolls and brown rice as meal accompaniments.

Banana Raisin Wheat Muffins

1 1/4 cups flour

1 tablespoon baking powder 1/4 teaspoon salt

1 cup shredded wheat cereal

1 cup fat free milk

1 egg

1 cup mashed ripe banana (2 large) 1/3 cup firmly packed brown sugar 2 tablespoons margarine, melted

1/2 cup raisins

Heat oven to 400°F.

Mix flour, baking powder and salt in large bowl. Mix cereal and milk in another large bowl; let stand 5 minutes.

Stir in egg, banana, sugar and margarine. Add to flour mixture; stir just until moistened. (Batter will be lumpy.) Stir in raisins. Spoon batter into muffin pan which has been

sprayed with no-stick cooking spray, filling each cup two-thirds

Bake 20 minutes or until golden brown. Serve warm. Makes 12 muffins.

Nutrition Information Per Serving: 150 calories, 2.5 grams total fat. 0.5 grams saturated fat, 20 mg cholesterol, 210 mg sodium, 30 grams carbohydrate, 2 grams dietary fiber, 13 grams sugars, 3 grams protein.

by appt only |10:30 am-2 pm | days at the Hugo office SAT 6 3 Wilburton Talihina Bethel Stigler 9-2 Poteau 9-10:30 (A-H) 9-2Coalgate Broken Bow Smithville 9-10:30 9-2 12-2 Atoka 12-2 9 10 12 13 14 Wright City Poteau **3** 9-10:30 (I-P) 9-2Hugo 12-2 ecemb 15 16 17 19 20 18 21 Poteau Idabel (Q-Z)9-29-12 22 23 24 25 27 28 26 Closed Closed Tribal Closed Tribal Inventory Inventory Holiday Holiday 29 30 31 Closed Closed Inventory Inventory



Choctaw Nation WIC

Serving the Choctaw Nation at 14 sites

SITE	PHONE	HOURS	DAYS
Antlers	580-298-3161	8:30-4:00	Tuesdays
Atoka	580-889-5825	8:00-4:30	1st, 3rd & 4th Wed, every Tues. & Thurs.
Bethel	580-241-5458	8:30-4:00	1st & 3rd Tuesday
Boswell	580-566-2243	8:30-4:00	1st & 2nd Friday
Broken Bow	580-584-2746	8:30-4:00	2nd & 4th Tues., every Wed. & Thurs.
Coalgate	580-927-3641	8:30-4:00	2nd Wednesday
Durant	580-924-8280 x 2255	8:00-4:30	Daily
Hugo	580-326-5404	8:00-4:30	Mon., Wed., Thurs, & 3rd & 4th Fri.
Idabel	580-286-2510	8:00-4:30	Monday and Friday
McAlester	918-423-6335	8:00-4:30	Monday, Tuesday, Thursday, Friday
Poteau	918-647-4585	8:00-4:30	Daily
Stigler	918-967-4211	8:30-4:00	1st, 2nd & 3rd Wednesday
Talihina	918-567-7000 x 6792	8:00-4:30	Tuesday and Wednesday
Wilburton	918-465-5641	8:30-4:00	Mondays

Call today for an appointment



NASA officers

The Native American Student Association at Eastern Oklahoma State College in Wilburton elected its officers for 2002-03. They are Brandy Trapp, President; Jessica Wallace, Vice President; Stacy Jessie, Secretary; Patrick Herring, Senate Representative, and Mary Jessie, Senate Representative. All of this term's officers are members of the Choctaw Nation.





Fair winners

Erica Bean of the Broken Bow FFA recently won Grand Champion Lamb at the Ark-Okla State Fair in Ft. Smith, Arkansas. She is pictured here with her FFA advisors and Dick Carspecken from whom the lamb was purchased this last spring.

Randy Bean of the Lukfata 4-H won third in his class with his crossbred lamb and made the sale.

Erica and Randy are the children of Robert and Ellen Bean and the grandchildren of Joe Ray Rodgers, Gene and Reba Karr Osterdock and the late Archie and Francis Bean, all of Broken

They would like to say thank you to the Choctaw Nation for purchasing their lambs and for its continued support.



Choctaw attends Air Force Academy

Brian Zark, the great-grandson of Choctaw Emma Nix, is a senior cadet majoring in aeronautical engineering at the Air Force Academy in Colorado Springs, Colorado. Growing up in Palmdale, California, he attended Bethel Christian Elementary School where his mother is now teaching. In 1998, Brian graduated from Paraclete High School in Lancaster where he was named the MVP of the swimming team and also in his senior year, he qualified for the California Interscholastic Federation (CIF) statewide swimming final in Long Beach. Besides swimming, Brian also played on his high school football team and was active in the track and field and soccer teams. His extracurricular activities included working as a lifeguard during the summers for the Parks and Recreation Department of the City of Lancaster and participating as a member in the school mock trial

Brian has been continuously on the dean's list since entering the Air Force Academy in 1998 under the nomination of Congressman Buck McKeon. In addition to holding a private pilot license, he has completed glider school, parachute and survival training requirements at the Academy. His parents reside in Lancaster and his only sister is finishing teaching credentials in San Diego.



Madyson Denise is happy to announce the birth of her little brother, Kaden Jay Mullens. He was born at 2:41 p.m. May 23, 2002 at the Medical Center of Southeastern Oklahoma in Durant, weighing 8 pounds, 3 ounces and measuring 19.5 inches long.

Proud parents are Dustin and Mandy Mullens. Grandparents

are James and Denise Mitchell of McKinney, Texas and B.J. and Lisa Mullens of Armstrong, Oklahoma. Great-grandparents are Marvin and Bobbie Mitchell and the late Jim and Doris Adcock, all

Kaden would like to send a special hello to his "Granny" Lisa Mullens, the Choctaw Nation Food Distribution Director.

Darrick Haden DeWayne Cooper

Darrick Haden DeWayne Cooper was born October 7, 2002 at McCurtain Memorial Hospital in Idabel, Oklahoma. He weighed 8 pounds, 4 ounces.

His mom, Casey Cooper; big brother, Carlos, and grandparents, Louis and Gloria Bond, are all of Broken Bow, Oklahoma. Also welcoming Darrick are his grandfather, Frank Cooper of Stringtown, Oklahoma; great-grandparents, Barren-

tine and Nancy Tushka of Oak Hill, Lorena Cooper of Stringtown, and the late Mose Cooper.

Michael Andrew Howard

Michael and Amy Miller Howard are pleased to announce the birth of their son, Michael Andrew Howard. He weighed 8 pounds, 14 ounces and was 21 inches long.

Grandparents are Danny and Ann Woodral of Post Mountain and Willard and Lucille Timmons of Stigler.



Raigen Elaine LeFlore

Whitney Pope and Tuydale LeFlore would like to announce the birth of their daughter, Raigen Elaine. She was born July 2, 2002 at Carl Albert Indian Hospital in Ada, Oklahoma, weighing 6 pounds, 8 ounces and was 19.5 inches long.

Raigen is the granddaughter of Frank Pope of Hartshorne, Oklahoma, Donna Wells of Pauls Valley, Oklahoma and Ruth Impson of Savanna, Oklahoma. She is the great-granddaughter of Joann Pope

and the late John Pope of Hartshorne and the Rev. Billy and Neva Bowles of Pauls Valley.

Gillian Rose Turnbull

Gillian Rose Turnbull was born August 21, 2002 in Tacoma, Washington to Karen Corr and Hilton Turnbull. Her mother, a geriatrics nurse practitioner, and her father, a forest and fish biologist, will be sure Gillian Rose grows up proud of her Choctaw heritage.

Her very proud grandparents are Jon and Bobby Rae Turnbull of Rockport, Texas and Charles and Donna Corr of St. Pete Beach, Florida. Gillian is the great-

granddaughter of the late Doris Dean Young Hynes from whom she receives her Choctaw ancestry.

Kaylee Ann Fields

Kaylee Ann Fields was born at 11:50 a.m. on August 29, 2002 at the Choctaw Nation Health Care Center in Talihina, Oklahoma. She arrived weighing 7 pounds, 12 ounces and measuring 19.5 inches long.

Proud parents are Wes and Judy Fields of Falfa. Kaylee's grandparents are Jessie



Fields of Falfa, Willie and Betty Fields of Buffalo Valley and Hagin and Wilma Collins of Tuskahoma. Great-grandparents are Raymond and Ester Fields of Muse, Bob and Lorene Morgan of Wilburton, the late Bud Cantrell of Falfa, Lois Collins and the late Joseph Collins of Talihina and the late Roy and Levon Clark of Wilburton. Her greatgreat-grandmother is Lois Brooks of Ardmore.

Syble Aleece Norman

Nathan and Melissa Norman would like to announce the birth of their daughter, Syble Aleece Norman. She was born at 7:59 a.m. on August 11, 2002 at Northwest Texas Hospital in Amarillo, weighing 3 pounds, 8 ounces and measuring 16.5 inches long. She joins brother Presley and sister Chelsea.

Grandparents are Michael and Anna Wooden, Gary Norman and Freda Ishcomer.

Keeley Nicole Hudson

Tasha Wickson and Dustin Hudson would like to announce the birth of their baby girl, Keeley Nicole Hudson. Keeley was born on August 16, 2002 at the Choctaw Nation Health Care Center in Talihina. She weighed 9 pounds, 1.5 ounces and was 20.4 inches in length.

Grandparents are Fred and Dimple Wickson of Hugo, Oklahoma and Corinne Hudson of Smithville, Oklahoma.



Haskle Ray Wilson

Nursery News

Haskle Ray Wilson was born May 6, 2002 at the Medical Center of Southeastern Oklahoma in Durant.

Parents are Katrina Ann Wilson and Paul Ray Davis of Bennington, Okla-

Haskle's grandmother is Laquita Wilson; great-grandmother is Evelen Wilson, and he has an uncle, Kevin Wilson, all of Bennington.



Natalie Kay Driver

Nathan and Robin Driver of Columbus, Arkansas wish to announce the birth of their first child, Natalie Kay Driver, born on August 16, 2002. Natalie arrived at 5:32 p.m. at the Choctaw Nation Health Care Center in Talihina, Oklahoma, weighing 8.74 pounds and measuring 20.7 inches long.

Grandparents are Eddie and Susie Oliver of Wickes, Arkansas, the late Larry McKinney of Mena, Arkansas and Bob and Odette Driver of Columbus. Aunts

and uncles are Scott and Kellie Moran, James and Tracey Weeks,

Christopher Ray Shomo, Jr. was born on June 9, 2002 at W.W. Hastings Hospital in Tahlequah, Oklahoma. He weighed 7 pounds, 3 ounces and measured 19 inches long.

Proud parents are Chris and Dandra Shomo of Tahlequah. Grandparents are Chester and Susie Nofire of Stillwell, Oklahoma and Johnny and Venita Shomo



Trévon Rico Ulan Shoate

Trévon Rico Ulan Shoate was born July 25, 2002 in Poteau, Oklahoma. His proud mother is Raeanna Johnson of Poteau. Trévon is the grandson of Regina Gayle Johnson and the great-grandson of Roy and Geraldine James of Poteau.

His cousins are Winter and Inola Lowery and Carissa Ford.



Hannah Nicole Chandler



Cogburn of Bethel, Buddy and Joy Chandler of Lawton, Oklahoma

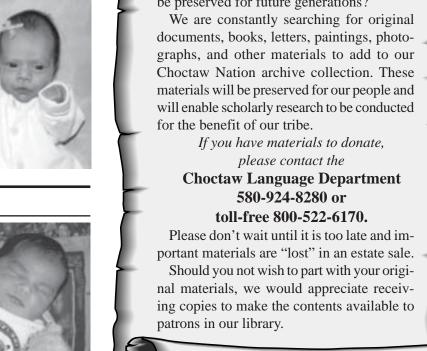
announce the birth of their son. Will Bartee was born October 7,

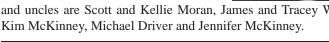
His grandparents are Donna

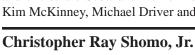


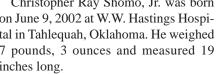
Archive Donations

Do you have Choctaw treasures that should be preserved for future generations?

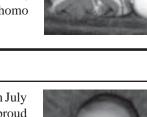








of Idabel, Oklahoma.



Allison Marie Chandler would like to announce the birth of her baby sister, Hannah Nicole Chandler. Hannah was born on July 30, 2002 at the Choctaw Nation Health Care Center in Talihina, Oklahoma, weighing 8 pounds, 2 ounces and measuring 19 inches

Proud parents are Keith and Shelly Chandler of Quinton, Oklahoma. Her grandparents are Larry and Marilyn Moore of Bethel, Oklahoma and Cecil and

Debbie Chandler of Cache, Oklahoma. Great-grandparents are Edna and Marie Fletcher of Cyril, Oklahoma.



Chris and Kristie would like to 2002 in Indianapolis, Indiana.

and Ronny Bartee of Denison, Texas and Judy Quirin and the late Philip Quirin of Aurora, Illinois.



November 2002, BISHINIK, Page 10

WIA EMPLOYMENT AND TRAINING PROGRAM

A representative from the Choctaw Nation Workforce Investment ACT (WIA) Department will be taking applications at the following field offices on the following days:

Atoka	10:00-12 noon	First Tuesday
Coalgate	1:00-3:00 p.m.	First Tuesday
Bethel	10:00-12 noon	First Thursday
Broken Bow	1:00-3:00 p.m.	First Thursday
Stigler	10:30 a.m2:00 p.m.	Second Tuesday
Poteau	10:30 a.m2:00 p.m.	Second Thursday
Wilburton	10:00-12 noon	Third Tuesday
McAlester	1:00-3:00 p.m.	Third Tuesday
Talihina	10:00 a.m3:00 p.m.	Third Thursday
Antlers	10:00 a.m3:00 p.m.	Fourth Tuesday
Hugo	1:00-2:00 p.m.	Fourth Tuesday
Wright City	10:00-12 noon	Fourth Thursday
Idabel	1:00-2:00 p.m.	Fourth Thursday

To complete your application you must attach a copy of:

- Tribal Membership and CDIB cards
- Family Income (check stub, benefit letter, etc.) for last 6 months
- Doctor's report (if disabled)
- Selective Service Status if male born after 1959 (copy of letter or card)
- Social Security Card (signed)
- Achievement of Test Scores (if tested within last 12 months)
- Residence verification (copy of utility bill, etc. with present address)
- Drivers License or Photo ID

WIA SCHOOL VISIT SCHEDULE

JANUARY 2003

A representative from the Choctaw Nation WIA Department will be at the following schools on the dates listed:

Achille	January 14	1:15 p.m.	Idabel Middle School	January 13	10:30 a.m.
Atoka	January 17	11:05 a.m.	Idabel Alternative	January 13	1:00 p.m.
Antlers	January 30	10:50 a.m.	Indianola	January 21	11:30 a.m.
Broken Bow High School	January 9	10:30 a.m.	Idabel High School	January 24	11:00 a.m.
Broken Bow Middle School	January 9	12:30 a.m.	Kiowa	January 14	9:00 a.m.
Battiest	January 10	1:00 p.m.	Keota	January 15	11:00 a.m.
Bokoshe	January 16	9:00 a.m.	Kinta	January 16	11:00 a.m.
Boswell	January 24	10:00 a.m.	Leflore	January 29	10:00 a.m.
Bennington	January 24	11:00 a.m.	McCurtain	January 16	10:25 a.m.
Buffalo Valley	January 29	11:40 a.m.	Moyers	January 30	9:30 a.m.
Colbert	January 16	1:00 p.m.	Olney	January 24	10:30 a.m.
Cameron	January 17	11:00 a.m.	Poteau	January 8	11:00 a.m.
Caney	January 17	9:30 a.m.	Pittsburg	January 14	10:00 a.m.
Caddo	January 20	1:05 p.m.	Pocola	January 17	1:15 p.m.
Calera	January 21	2:00 p.m.	Panola	January 29	11:45 a.m.
Canadian	January 21	10:30 a.m.	Panama	January 17	9:00 a.m.
Crowder	January 21	9:30 a.m.	Quinton	January 16	1:00 p.m.
Coalgate	January 24	11:00 a.m.	Rock Creek	January 13	1:10 p.m.
Clayton	January 29	12:35 p.m.	Rattan	January 30	N/A
Denison	January 17	1:00 p.m.	Red Oak	January 29	1:05 p.m.
Durant	January 22	1:30 p.m.	Smithville	January 10	11:00 a.m.
Eagletown	January 6	10:45 a.m.	Savanna	January 14	10:30 a.m.
Forest Grove	January 24	10:00 a.m.	Silo	January 15	12:30 p.m.
Ft. Towson	January 28	9:30 a.m.	Stigler	January 15	1:00 p.m.
Goodland	January 28	Drop Off	Spiro	January 15	9:00 a.m.
Grant	January 28	Drop Off	Soper	January 24	9:00 a.m.
Heavener	January 20	1:10 p.m.	Talihina	January 14	1:00 p.m.
Holly Creek	January 6	1:00 p.m.	Tushka	January 17	12:30 p.m.
Haworth	January 17	10:45 a.m.	Tupelo	January 24	9:30 a.m.
Hartshorne	January 22	10:45 a.m.	Valliant Middle School	January 16	1:30 p.m.
Haileyville	January 22	10:00 a.m.	Valliant High School	January 24	1:30 p.m.
Hugo High School	January 31	1:00 p.m.	Whitesboro	January 14	10:30 a.m.
Hugo Middle School	January 31	1:00 p.m.	Wright City	January 16	10:45 a.m.
Hugo Alternative	January 13	N/A	Wister	January 20	12 noon
Howe	January 20	11:00 a.m.	Wilburton	January 23	10:00 a.m.

Broken Bow Appreciation Dinner



Several hundred people enjoyed the wonderful fish dinner that was prepared in honor of Chief Pyle and Assistant Chief Bailey at Broken Bow.



Councilman Baker was joined by other members of the Tribal Council as they said, "Thanks for a job well done" to the Chief and Assistant Chief.



Chief Pyle is pictured with Sara Smith, the Runner-Up for Junior Miss in District #2.



There was a wonderful attendance at the fish fry.



Marland Ashilintubbe is pictured with Chief Greg

Honoring Our Elders Memory Clinic at The Choctaw Nation Health Care Center For Appointments call 918-329-6302 1 500mm (= 10)

We Will Help You

Part 2 (Continued from October 2002 BISHINIK) **Diagnosis**

People who are worried about memory problems should see their doctor. If the doctor believes that the problem is serious, then a thorough physical, neurological, and psychiatric evaluation may be recommended. A complete medical examination for memory loss may include gathering information about the person's medical history, including use of prescription and over-the-counter medicines, diet, past medical problems, and general health. Because a correct diagnosis depends on recalling these details accurately, the doctor also may ask a family member for information about the person.

Tests of blood and urine may be done to help the doctor find any problems. There are also tests of mental abilities (tests of memory, problem solving, counting, and language). A brain CT scan may assist the doctor in ruling out a curable disorder. A scan also may

show signs of normal age-related changes in the brain. It may be necessary to have another scan at a later date to see if there have been

further changes in the brain. Alzheimer's disease and multiinfarct dementia can exist together, making it hard for the doctor to diagnose either one specifically. Scientists once thought multi-infarct dementia and other types of vascular dementia caused most cases of irreversible mental impairment. They now believe that most older people with irreversible dementia have Alzheimer's disease.

Treatment

Even if the doctor diagnoses an irreversible form of dementia, much still can be done to treat the patient and help the family cope. A person with dementia should be under a doctor's care, and may see a neurologist, psychiatrist, family doctor, internist, or geriatrician. The doctor can treat the patient's physical and behavioral problems and answer the many questions that the person or family may

have. For some in the early and middle stages of Alzheimer's disease, the drugs tacrine (Cognex), donepezil (Aricept), rivastigmine (Exelon), and galantamine (Reminyl) are prescribed to possibly delay the worsening of some of the disease's symptoms. Doctors believe it's very important for people with multi-infarct dementia to try to prevent further strokes by controlling high blood pressure, monitoring and treating high cholesterol and diabetes, and not smoking.

Many people with dementia need no medication for behavioral problems. But for some people, doctors may prescribe medications to reduce agitation, anxiety, depression, or sleeping problems. These troublesome behaviors are common in people with dementia. Careful use of doctor-prescribed drugs may make some people with dementia more comfortable and make caring for them easier.

A healthy diet is important. Although no special diets or nutritional supplements have been found to prevent or reverse

Forgetfulness: It's Not Always What You Think Alzheimer's disease or multi-infarct dementia, a balanced diet helps maintain overall good health. In cases of multi-infarct dementia, improving the diet may play a role in preventing more strokes. Family members and friends can assist people with dementia in continuing their daily routines, physical activities and social contacts. Some families find that a big calendar, a list of daily plans, notes about simple safety measures and written directions describing how to use common household items are very useful aids. (Information from Age Page, National Institute on Aging, U.S. Department of Health and Human Services, 2002)

Individuals or their family physician may schedule an appointment by calling Shane Goode, Regional Coordinator, at 918-329-6302. Patients may also be seen at other Choctaw Nation Health Care Clinics. For caregiver assistance and additional information call Carey Fuller, Health Education at 918-522-4719.



Vincent Shilling was presented a veteran's jacket by Chief Gregory E. Pyle at Antlers recently. Shilling served in the Sea-Bees during World War II and in the Korean War. He was the first to land in order to prepare the way for future landing of troops. Shilling spoke with pride about serving his country.

Chahta Anumpa Internet Course

SPRING 2003 CLASSES

Registration begins: 8 a.m. November 1, 2002 Registration ends: 10:00 p.m. December 6, 2002

- SCHEDULE -

CLASS 1: 10:00 a.m.Mon.-Wed.-Fri. Begins December 30, 2002 Ends April 16, 2003

CLASS 2: 1:00 p.m. Mon.-Wed.-Fri. Begins December 30, 2002 Ends April 16, 2003

CLASS 3: 9:00 p.m. Tuesday-Thursday Begins January 2, 2003

Ends April 17, 2003 All are 50-minute classes

No classes on the following dates: January 1, 2003 – New Year's Day February 18, 2003 – President's Day April 18, 2003 – Good Friday

Follow the Language link at www.choctawnation.com to apply for a course.

Antlers Choctaws enjoy dinner



Councilman Jack Austin welcomes everyone to the fish fry held at the Antlers Community Center.





District 1 Little Miss Marcy McClure of Idabel visits Chief Gregory Pyle at the Durant Headquarters.

Council continued from Page 1

the Choctaw Nation Projects With Industry and Vocational Rehabilitation Section 121 Program and the grant budget received by the Environmental Office from the Environmental Protection Agency General Assistance Program. Councilmembers also approved funding for the 2003 Indian Housing Plan.

It was agreed to sell four 20-year-old buses that had been used by Choctaw Gaming; issue a trespass lease on a section of land in Bryan County in favor of the Board of Bryan County Commissioners and a right of way/easement in Bryan County for Western Farmers Electric Cooperative. A farming and grazing lease was also approved for Harold Price on 45 acres of Choctaw/Chickasaw tribal land in Bryan County.



Chief Gregory E. Pyle enjoys the fellowship at the Antlers Community Center's Thanksgiving celebration. Seated are Nancy McMillan Tisdale, Tammy Kemp and James Hudson.



Sharon Moore, Director of the Choctaw Nation Diabetes Wellness Center, shares information on her new book about diabetes.

Code continued from Page 1_

were: Robert Taylor, Jeff Nelson, Calvin Wilson, Mitchell Bobb, Pete Maytubby, Solomon Louis, James Edwards, Ben Carterby, Walter Veach, Albert Billy, Ben Hampton, Joseph Oklahombi, Victor Brown, Tobias Frazier, Joe Davenport, George Davenport, Noel Johnson, and Otis Leader.

"The Choctaw Nation is very proud of the story of the original Code Talkers, and even has a granite monument at the entrance to our capitol grounds that bears the engraved names of the men who used the Choctaw language to help win World War I," said Chief Gregory E. Pyle. "The Choctaw Nation is very appreciative of the honor of being recognized at this prestigious event."

Legislation for Congressional recognition of the Choctaw Code Talkers has passed the House of Representatives and is currently in the Senate.

ARE YOU A CAREGIVER?

You are a caregiver if you ...

- Provide assistance with grocery shopping, errands, transport to appointments or paying of bills for older family member
- Provide personal care such as bathing, dressing, toileting for
- an older family memberHave made changes in your life to assist with the care of
- older family member
- You are seeking for information and services to improve the lives of the older family member or yourself

If you answered "yes" to any of the above, you are a CAREGIVER and can obtain help by calling:

Choctaw Nation of Oklahoma Aging Services 1-800-522-6170, ext. 2202





hristmas Antlers children 6:30 p.m. Atoka dinner & children 6:00 p.m. Bethel children 5 p.m. Broken Bow 11:30 a.m. Broken Bow children 5:00 p.m. Coalgate dinner & children 2:00 p.m. Crowder 11:00 a.m. 3:00 p.m. Crowder children 6:00 p.m. Durant children Eagletown 12 noon Hugo children 6:30 p.m. 7:00 p.m. Heavener children Idabel 12 noon 11:30 a.m. McAlester McAlester children 1:00 p.m. Poteau children 4:00 p.m. Stigler 11:30 a.m. Stigler children 1:00 p.m. Smithville children 7:00 p.m. Summerville children 2:00 p.m. Talihina children 7:00 p.m. Tushka Homma cafeteria 6:30 p.m. Wilburton children 5:00 p.m. Wright City children 6:30 p.m.

Parties 11:30 p.m. Wednesday, December 18 Friday, December 20 Monday, December 16 Thursday, December 5 Wednesday, December 11 Friday, December 6 Sunday, December 8 Wednesday, December 11 Saturday, December 14 Friday, December 6 Saturday, December 7 at the school Friday, December 20 Monday, December 9 at School Cafeteria Wednesday, December 11 Wednesday, December 18 Saturday, December 14 Saturday, December 21 Wednesday, December 18 Saturday, December 14 Friday, December 13 at School Cafeteria Sunday, December 22 Thursday, December 12 at School Cafeteria Monday, December 16 Saturday, December 7 Thursday, December 19

OBITUARIES





Earnest Lee Taylor, 86, passed away September 30, 2002 in Coeur d'Alene, Idaho. He was born December 4, 1915 in Bristow, Oklahoma to Herman Lee Taylor and Edna Gardner Taylor.

He married Mary Inez Lutts in 1939. She preceded him in death in 1986. He was also preceded in death by a sister, Ollie Cates.

Mr. Taylor was a proud member of the Choctaw Nation. He had to leave Oklahoma to look for work and moved to California in the 1940s, although he always hoped to return to Oklahoma.



In California he was a successful masonry contractor with three other partners including his son and son-in-law. Many of the masonry buildings at the University of California at Santa Barbara were built by his company as well as shopping centers, schools and businesses.

As a hobby he enjoyed thoroughbred horse racing. He was a veteran and served two tours of duty with the U.S. Army during World War II.

Survivors include his daughter and son-in-law, Carrie Ann and Paul Stewart of Coeur d' Alene; his son and daughter-in-law, Joe Don and Carolyn Taylor of Klamath Falls, Oregon; grandchildren, Roger Stewart, Gail Chamberlin, David Stewart, Ryan Taylor and Kevin Taylor; seven great-grandchildren, as well as a host of dearly loved relatives in Oklahoma.

He was a beloved father, father-in-law and grandfather and will be greatly missed by all.

Mary Ann Greenwood Bobb

Mary Ann Greenwood Bobb, 79, passed away Sunday, November 3, 2002 in Antlers, Oklahoma. She was born on February 7, 1923 in Antlers, the daughter of Myatt and Ida Greenwood.

She attended Chilocco School and Bagley High School in Tahlequah, Oklahoma and had lived in the Antlers area most of her life.

Mary Ann and Bertram E. Bobb were married on September 8,

Mary Ann and Bertram E. Bobb were married on September 8, 1950 at Bobb-Myers Church in Antlers. They were together for over 52 years.

Mrs. Bobb is remembered as a loving wife, mother and friend. She was a caring homemaker and a woman of deep Christian values. She was known for her basket-weaving skills and quilting. She also enjoyed gardening.

Survivors include her husband, Bertram Bobb, of the home; three sons, Johnson Wilson Bobb and Frederick Bertram Bobb, both of Antlers, and Wesley Edwin Bobb and wife, Dora, of Gallup, New Mexico; one brother, Myatt Greenwood, Jr. of Antlers; two sisters, Ruth Baggs of Antlers and Hattie Duncan and husband, C.J., of Finley, Oklahoma; two grandchildren, Deborah Bobb and Bertram Edward Bobb II, and a host of relatives and friends.

She was preceded in death by her parents and a brother, Allen Greenwood.

George A. Michie, Jr.

George A. Michie, Jr., 92, of the Frink community passed away Wednesday, September 11, 2002 at McBride Bone and Joint Hospital in Oklahoma City. He was born March 19, 1910 in Wade, Oklahoma, the son of George A. Michie, Sr. and Gertrude Hickman Michie.

He married Edith Adam.

Mr. Michie retired as a supervisor from the McAlester Army Ammunition Depot. He was a 32nd degree Mason and was a Boy Scout leader for several years. He was a member of Lakewood Christian Church.



His parents and a brother, Eugene Michie, preceded him in death. Survivors include his wife, Edith, of the home; sons, George A. Michie III and wife, Jean, of McAlester, Oklahoma, and Gary Michie of Oklahoma City; daughters, Dr. Joyce Gelfond and husband, Dr. Steve Gelfond, of San Antonio, Texas, and Catherine Estill and husband, Wayne, of McAlester; 14 grandchildren; five great-grandchildren; a sister, Catherine Long of Denver, Colorado, and numerous nieces, nephews and other family members.

Patricia J. Camp Springfield

Patricia Joe Camp Springfield, 74, passed away Tuesday, September 24, 2002. She was born on November 4, 1927 in Pauls Valley, Oklahoma to Joe A. Camp and Vashti Garvin Camp.

She had been a resident of River Hills Care Center in Bandera, Texas for nearly four years, formerly residing in Austin, Texas with her daughter and granddaughter.

Survivors include daughter and son-in-law, Roma and Van Carlson of Bandera, and granddaughter, Hilary Lauren Jones of Austin.

Doris Elizabeth Helander

Doris Elizabeth McCurtain Helander, 89, passed away Monday, October 7, 2002 in Scottsdale, Arizona. She was born January 18, 1913 in Durant, Oklahoma to Benjamin McCurtain and Clara Hagood. She was a longtime resident of Albuquerque, New Mexico from 1966 to August 2000.

She graduated with a bachelor's degree from Southeastern State Teachers College on July 21, 1933. She was a school teacher at the Zuni, Window Rock and Wingate Indian Schools from 1933 to 1956.

Doris and Melvin Helander met in Zuni and were married on August 19, 1937. They celebrated their 65th wedding anniversary this year.

Because Mr. Helander worked for the Department of Interior, they lived throughout the West: Washington, Idaho, Montana, New Mexico and Arizona. In addition to teaching school, Doris was a published author of more than 50 stories and articles in various magazines. She loved books, knowledge and music. She obtained her library science degree from the University of Southern California in 1957.

Doris had many interests. She was an artist, organist and genealogist. She researched and wrote a book on her family's history as well as researching Melvin Helander's family history, traveling to Finland and discovering aunts, uncles and cousins. Doris was a Presbyterian, attending church regularly, and throughout her life her faith was important to her. Doris and Melvin traveled extensively throughout the world and lived for a time in Tripoli, Libya and North Africa from 1952 to 1954. She loved to travel and was always interested in people from other cultures. She was a devoted wife and mother who lived life to its fullest.

Survivors include her husband of the home in Scottsdale; two daughters, Betty Hammons of Anthem, Arizona and Claire Duren of Portland, Oregon; five grandchildren and 12 great-grandchildren. She had a long and happy life and will be held forever close in the hearts

Christine Margaret Thompson

Christine Margaret Thompson, 69, passed away Wednesday, October 16, 2002 in Hugo, Oklahoma. She was born May 30, 1933 in Rufe, Oklahoma to Wilson and Kitty Katherine Caldwell.

She married Joseph E. Thompson on November 5, 1948 in Hugo.

She was preceded in death by her parents; one brother, Austin Caldwell, and one son, Eddie Chris Thompson.

Survivors include two sons, Joseph Thompson and Ronnie Thompson of Hugo; two daughters, Geneva Mae

Songer and Janice Finch of Hugo; one brother, Zedark Caldwell of Royce City, Texas; six grandchildren and 15 great-grandchildren.

Evora Imogene Eskew Salyers

Evora Imogene "Jean" Salyers, 75, passed away Saturday, September 14, 2002. She was born February 16, 1927 in Stigler, Oklahoma to Robert R. and Beulah Garland Eskew.

She married Johnnie Salyers on January 20, 1944. A homemaker, Mrs. Salyers moved from Wasco, California to Estacada, Oregon in 1960. There she made a beautiful home and raised her family. After retiring she moved to Woodburn in 1993. Johnnie and Evora later divorced.

Before her death she worked to get her entire family as registered card holders of the Choctaw Nation.

Survivors include her daughters, Linda Salyers-Fast, Terri J. Smith and Janis D. Keller; brother, Robert Eskew; sister, Delora Kendig; seven grandchildren, Tom Fast, Lisa Ramage, Gary Fast, Lori Freimark, Corey Smith, Jacob Keller, and Johni Marie Keller; six great-grandchildren, Lauryn Freimark, Matthew Ramage, John Freimark, Kaci Fast, Lindsey Ramage and Alina Fast.

Genevieve Greer Kagen

Genevieve Greer Kagen, 92, passed away on Tuesday, September 3, 2002 at Burford Manor. She was born January 23, 1910, the daughter of Beatrice and Thomas Greer, and raised in Davis, Oklahoma.

A versatile, artistic woman of Choctaw descent who possessed many gifts in music, writing, theater and art, Genevieve attended Oklahoma City University where she majored in drama and music. Her performing career began when she entered Horner Conservatory of Music, Kansas City, Missouri, where she met Acee Blue Eagle, who later became a renowned American Indian artist in Oklahoma. Under his guidance she learned American Indian songs and dance which she performed on many tours throughout the country. She also studied drama at Rollins College where she successfully performed in a number of theatrical productions. She appeared regularly in 1936-37 on the National Broadcasting Company's Magic Hour of Speech and was selected for the American Hall of Fame by Maj. Edward S.

After studying at Rollins, she traveled to New York to study voice under Marcella Sembrich, a renowned voice teacher at the Julliard School of Music. It was there that she met and fell in love with her future husband, Sergius Kagen, who was the accompanist and coach for Sembrich's students and later became a famous voice teacher, composer and pianist. After their marriage in 1937, the couple continued their artistic pursuits. Mrs. Kagen became the director of the Little Theater group for the New York City central branch of the Young Women's Christian Association. She completed a novel, "The Aristocrat," in 1946 which was published by Vanguard Press. She also enjoyed taking lessons at the Art Student's League in New York and painting many water colors and oils.

After her husband's death in 1964, Mrs. Kagen devoted herself to editing the second edition of his well-known book, "Music for the Voice." She successfully contracted Indiana University Press to publish the newer edition. A pioneer in spirit, very independent and resourceful, Genevieve decided to return to her land in Oklahoma that she loved and cherished. She set up a successful cattle business, which she ran single-handedly until illness forced her to give it up and move into town in her eighties. Her last three years were spent at Burford Manor. She will be remembered for her zest and versatility, her great love for nature, her passion for learning and the arts, her generous spirit, inquisitive mind, wit, grace and charm, and her deep devotion to and love for her husband and children.

Survivors include two daughters, Annalee Kagen of New York and Ruth Kagen Staley of Idaho.

Charles H. Ward

Charles H. Ward, 72, of Idabel, Oklahoma passed away Friday, October 18, 2002 at his residence. He was born February 17, 1930 in the Redland community, just outside of Idabel, the son of Robert and Ola Phillips Ward.

He married Imogene Prewitt on Sep-

tember 7, 1954 in Hugo, Oklahoma.

Charles spent his professional career as a police officer for the City of Idabel for approximately 27 years, having served the community from patrol officer to chief of police. Charles was also a member of the Elks Lodge and enjoyed gardening and woodworking

in his spare time. He was affiliated with the Methodist church and had lived in the Idabel area his entire life.

He was preceded in death by his parents and one brother, Kenneth "Wadie" Ward.

Survivors include his wife of the home; sons and daughters-in-law, Michael and Jana Ward of North Charleston, South Carolina and Darrell and Ella Ward of Idabel; daughters and sons-in-law, Cynthia Ward of Idabel, Lacretia and Richard Wiggins of Broken Bow, Oklahoma and Marla and Alex Mathis of DeQueen, Arkansas; brothers and sisters-in-law, Henry "Hap" Ward of Idabel, Bobby and Clara Ward of Seminole, and William and Eula Ward of Tulsa; sister and brother-in-law, Pat and Bruce Poteet of Idabel; grandchildren, Brandon Ward, Elizabeth Hadley, Alexis Ward, Hayden Ward, Trevor Matlock, Alannah Wiggins, Kyle Mathis and James Mathis; several nieces and nephews; numerous other relatives and a host of friends.

Regina Gayle Johnson

Regina Gayle Johnson passed away Thursday, October 10, 2002. She was born January 11, 1956.

Survivors include four daughters and three sons-in-law, Carmen and Chris Ford, Raeanna Johnson, Leona and Jason Lowery and Leslie and Clint Covey; a son, Frank Johnson; parents, Roy and Geraldine James; two sisters and brothers-in-law, Dodie and Dennis Bowers and Marcia and Deon McLaughlin; two brothers and a sister-in-law, Jerry James and Garry and Shelly James; nine grandchildren; companion, Bob Sockey; and numerous nieces, nephews, other relatives and loved ones and a host of beloved friends

Amy Thelma Smith

Amy Thelma Smith, 93, of San Antonio, Texas and formerly of Talihina, Oklahoma, passed away Wednesday, August 14, 2002 at her home. She was born on February 18, 1909 in Talihina to Daniel Daney and Rebecca Anderson Daney.

She lived most of her life in the Talihina area. She worked in the area hospitals as an aide and she enjoyed doing crafts and making Choctaw Nation dresses. She was a member of the Talihina Senior Citizens group where she



served as treasurer for many years. She was also a member of the Talihina Church of Christ and the Choctaw Dancing Club. She enjoyed the dancing of her heritage.

She was married to Robert Lee Noah who preceded her in death in 1977. She later married Noble Smith who preceded her in death a few years ago. She was also preceded in death by her parents; five brothers, Harris, Ben, Jewel, Joe and Gilbert Daney, and three sisters, Edith Noah, Malinda Neighbor and Irene Garvin.

Survivors include three sons and daughters-in-law, Robert and Rosella Noah and Bobby and Sun Noah, all of Oklahoma City, and William and Nelle Noah of Albion, Oklahoma; five daughters and two sons-in-law, Muriel Jean and Doug Dearman of San Antonio, Texas, Glena Faye and Pete McCloskey of Howard, Pennsylvania; Jnell Kirk and Katherine Whitson, both of Talihina, and Jeanette Davis of Poteau, Oklahoma; numerous grandchildren, great-grandchildren, nieces, nephews and a host of friends.

Wrenetta Ruth Keller

Wrenetta Ruth Keller, 62, passed away Thursday, September 19, 2002 in her home in Mounds, Oklahoma with four of her daughters with her. She was born May 3, 1940 in Milton, Oklahoma

Wrenetta lived most of her life in Keota, Oklahoma and attended Hilltop Holiness Church. She enjoyed visiting surrounding churches. She moved to Stigler, Oklahoma in the year 2000 and attended Antioch Pentecostal Church. Due to her terminal illness of lung can-



cer, she moved to Mounds, Oklahoma in July 2002 to be near one of her daughters.

She was a Christian and enjoyed listening to and singing gospel music. Even in her last couple of weeks, with not much voice and very limited breathing ability, she sang with her hospice chaplain as much as she was able.

Wrenetta was born visually impaired and was never able to work outside the home, but she was a wonderful housekeeper and mother. She started motherhood at 16 years old and raised five children, alone for the most part. She lived a life above reproach, with her children being her weakness. Her children were the highlight of her life and she gave all of herself and all she had to them even if she had to do without. That is a real mother's love for her children. Though she didn't have much money, she had more than enough love to give. She left behind family and a lot of friends who loved and admired her.

She was known as "the woman who walked." She couldn't drive and had no transportation so all her life she was used to walking where she wanted to go around town and she had plenty of places she wanted to go. One of the hardest things about her sickness was her inability to get out and go walking.

She was preceded in death by her mother when she was a toddler; by twin infant brothers; her grandmother who raised her and a stepbrother

Survivors include her father; five daughters, six sisters, seven brothers, eleven grandchildren and three great-grandchildren.

Cynthia Jo Maki

Cynthia Jo (Wells) Maki, 53, passed away from cancer on July 21, 2002 in Fargo, North Dakota. She was born July 19, 1949 in Costa Mesa, California

Cynthia and her twin sister, Sylvia, are direct descendants of Mississippi Choctaw Calvin Wells, their father; fullblood original enrollee Elma (Willis) Wells, their grandmother, and original enrollees John and Nannie Willis, their great-grandparents.



Kenneth "Lynn" Beavers

Kenneth "Lynn" Beavers, 49, of Broken Bow, Oklahoma passed away Thursday, September 5, 2002 at Osage, Oklahoma. He was born October 18, 1952 at DeQueen, Arkansas.

He loved to camp, hunt and fish. He worked as a driller in Alaska for more than ten years, while enjoying his family and the great outdoors.

Lynn was preceded in death by his father, Joe Bob Beavers; his mother, Patsy Burnett, and a brother, Phil Beavers of Broken Bow.

Survivors include Melodie Beavers; loving daughter, Kendra, and a very special stepson, Kyle Clayton, all of the home; his wonderful sons, John Beavers of Hartshorne, Oklahoma, and Sean Beavers of Many, Louisiana; a brother and sister-in-law, Joe Bob and Jo Carroll Smith of Broken Bow; many cherished friends and a host of uncles, aunts, cousins, nephews and nieces.

Lee Fry

Lee Fry, 79, passed away Thursday, October 17, 2002 at the hospital in Ardmore, Oklahoma. He was born May 16, 1923 in Utica, Oklahoma to Carlis Noble and Janie Duer Fry.

He married Dee Coffman on February 1, 1964 in Durant, Oklahoma and worked for more than 38 years for the Merchants Motor Freight Company in Dallas, Texas. After retirement, he and his wife moved to Johnston County in 1988 and lived there until his death. He was a past president of the U.T.E. Local Union, a 32nd degree Mason, and a member of the Veterans of Foreign Wars and the American Legion.

He was preceded in death by a brother, Tom Fry; a sister, Mildred Whisenhunt, a grandchild and a great-grandchild.

Survivors include his wife of the home; two sons, Charlie Allen of Ravia and Don Fry of Pasadena, Texas; two daughters, Linda Sue Hartley of Denison, Texas and Sharon Faulkner of Dallas; two sisters, Frances Speers of Durant and Caroline Spears of Arlington, Texas; eleven grandchildren; seven great-grandchildren and numer-