



# FOOD DISTRIBUTION PROGRAM

Guide Rate Enhancements and New Food for Participants

**Effective September 1, 2023**, the amount of food items for participants of the Choctaw Nation Food Distribution Program will increase and new items will be available.

## INCREASES IN EXISTING FOOD ITEMS:

- Eggs (*increase from 1 to 2 units*)
- Meat/Poultry/Fish (*increase from 3 to 5 units*)
- Vegetables (*increase from 13 to 18 units*)

## NEW FOOD ITEMS:

- Frozen strawberries
- Bison stew meat

The U.S. Department of Agriculture (USDA) Food and Nutrition Service (FNS) worked collaboratively with the FDPIR Food Package Review Workgroup to finalize these increases and identify new foods for the food package. These changes make more nutritious foods available to support a healthy lifestyle, and better align the FDPIR food package the Dietary Guidelines for Americans and the Thrifty Food Plan.

USDA is an equal opportunity provider.

FOR MORE INFORMATION ON HOW TO BECOME A PARTICIPANT, CALL **800.522.6170**  
OR VISIT **[CHOCTAWNATION.COM/SERVICES/FOOD-DISTRIBUTION/](https://choctawnation.com/services/food-distribution/)**