FAIR HEARING

individuals who disagree with any action taken on their case have the right to request a fair hearing. You/your representative may request a fair hearing in writing or orally, and your case may be presented by a household member or representative, such as a legal counsel, relative, friend or other spokesperson. To request a fair hearing, call or write the FDPIR program within 90 days from the date of action.

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), religious creed, disability, age, political beliefs, or reprisal or retaliation for prior civil rights activity.

Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the agency (state or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: https://www.usda.gov/sites/default/files/documents/ad-3027.pdf, from any USDA office, by calling (833) 620-1071, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to:

1. Mail:

Food and Nutrition Service, USDA 1320 Braddock Place, Room 334 Alexandria, VA 22314

- 2. Fax: 833.256.1665 or 202.690.7442
- 3. Email: FNSCIVILRIGHTSCOMPLAINTS@usda.gov



LOCATIONS

Durant 2352 Big Lots Pkwy. Durant, OK 74701 580-924-7773 durantfd@choctawnation.com

McAlester

3244 Afullota Hina McAlester, OK 74501 918-420-5716 mcfood@choctawnation.com

Antlers 306 S.W. O Street Antlers, OK 74523 580-298-6443 antlersfood@choctawnation.com

STORE HOURS

Monday, Tuesday, Wednesday and Friday

8:30 a.m. – 3:30 p.m.

Thursday 9:30 a.m. – 5:30 p.m.

Closed the last two business days of the month.

Choctaw Nation of Oklahoma

CHOCTAWNATION.COM

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Choctaw Nation

Food Distribution

Broken Bow 109 S. Chahta Rd Broken Bow, OK 74728 580-584-2842 brokenbowfd@choctawnation.com

Poteau

106 B Street

Poteau, OK 74953

918-649-0431

ptfood@choctawnation.com

WHAT IS THE FOOD DISTRIBUTION PROGRAM?

The Food Distribution Program on Indian Reservations (FDPIR) is jointly funded between the USDA and the Choctaw Nation. The program provides healthy, nutritious foods to income-eligible households living within the boundaries of the Choctaw Nation of Oklahoma reservation and those counties in Arkansas and Texas that border it. FDPIR markets are located strategically across the Choctaw Nation. To be eligible to participate, households must contain at least one person who has a CDIB or is a member of a federally recognized tribe. Eligible households are certified based on income standards set by the federal government. Participating households must be recertified at least once every 12 months. Household members are prohibited from participating simultaneously in the Supplemental Nutrition Assistance Program (SNAP) and any FDPIR Program.



HOW DO I APPLY?

Applications are available at each FDPIR market and Choctaw Nation Community Center, by mail, or online at ChoctawNation.com/food-distribution.

WHAT FOODS DOES THE PROGRAM OFFER?

Each month participating households receive a food package to help them maintain a nutritionally balanced diet. Participants may select from over 70 products including:

- Canned and frozen meats such as ground beef, beef roast, bison, poultry and fish
- Fresh and canned fruits and vegetables, dehydrated potatoes, canned soups and spaghetti sauce
- Macaroni and cheese, pastas, cereals, rice and other grains
- · Cheese and fresh eggs
- Ultra high temperature (UHT) fluid low fat milk, nonfat dry milk and skim evaporated milk
- Flour, cornmeal, low fat bakery mix and reduced sodium crackers
- Low fat refried beans, dried beans and canned beans
- Bottled juices
- Peanuts, peanut butter and fruit/nut mix
- · Vegetable oil, light buttery spread and butter

The FDPIR Program has a full-time staff dietician who prepares recipes containing USDA foods to educate participants on utilizing the foods received and providing nutrition education at the local Food Distribution Markets.

FOOD MUST NOT BE MISUSED

- Do not sell, trade, or otherwise dispose of the food you receive.
- Take only those foods you and/or your family can and will eat each month.

HOW DO I REPORT HOUSEHOLD CHANGES?

Households are required to report the following changes within 10 calendar days after the change becomes known to the household:

- A change in household size
- An increase in gross monthly income of more than \$100
- A change in residence and/or address
- When household no longer incurs a shelter or utility expense
- A change in legal obligation to pay child support

Failure to report a change may result in a household receiving food they were not entitled to receive. In such cases, a claim for the value of food received will be filed against the household.