



..... 2021 - 2022

STUDENT SUCCESS PLANNER

.....

Choctaw Nation

High School Student Services



The Choctaw Nation of Oklahoma continually strives to create jobs and economic growth to be able to offer a variety of programs and resources for our Choctaw members. It is our goal to provide opportunities to our members that will help them achieve success for generations to come.

Vision

Living out the Chahta spirit of faith, family, and culture.

Mission

To the Choctaw proud, ours is the sovereign nation offering opportunities for growth and prosperity.

The High School Student Services program is a terrific opportunity for student success. The program proudly serves more than 3,000 students each year and assists them with college, trade school, or workforce information during and after high school.

All the best,

Chief Gary Batton

Assistant Chief Jack Austin, Jr.



Dear High School Student Services Participant,

The Choctaw Nation High School Student Services program would like to take this opportunity to thank you for taking an active role in your education. Our program serves students in grades 9th – 12th who are Choctaw Tribal Members. The goal of the program is to assist our Choctaw students with academic information to promote education and/or career path beyond high school.

We realize that finding resources can be overwhelming for students and parents alike. Educational advice is essential in preparing students for life after high school and it is important to begin planning early. The High School Student Services program has put together this Student Success Planner as a resource tool to assist Choctaw families as they begin planning for life after high school. I encourage you to review this planner and utilize the information in the book as you make decisions about the future.

Remember, the High School Student Services Program plays a critical role in linking students to various Choctaw Nation education programs. If at any time you have questions, please feel free to call our office. We look forward to meeting you throughout the school year.

Sincerely,

High School Student Services

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GRADE LEVEL INFORMATION

Freshman Checklist

The checklist below contains information that can help you start planning today.

- ☐ Create a high school plan
 - Starting a four-year plan is a great way to ensure you are ready for graduation and life after high school
mappingyourfuture.org/collegeprep/
- ☐ Participate in extracurricular activities
 - Colleges and employers look far beyond your academics. It is good to start getting involved now
fastweb.com
shadysideacademy.org
- ☐ Start thinking about life after school
 - Whether you want to go to college, the military, technical school, or begin a career, it is important to start identifying your interests now
educationplanner.org/students/career-planning/find-careers/
- ☐ Start saving
 - No matter what your plans are after graduation, life after high school can get expensive! It is never too early to start saving
okcollegestart.org/
raise.me
- ☐ Consider a practice ACT or SAT
 - Taking a practice test early can help you learn what to expect and ease your nerves when it's time for the real thing
ACT.org
Academy.act.org
- ☐ Oklahoma's Promise
 - Check website to see if you qualify.
okhighered.org/okpromise
- ☐ Start building your resume
 - Creating your resume now and adding on awards or new work experience as it happens over the next four years will save you a lot of time after graduation
careeronestop.org

Sophomore Checklist

The checklist below contains information that you may find helpful in planning for your future.

- ☐ Prepare for the upcoming year by taking challenging classes and getting more involved with extracurricular activities
 - Find out if your school offers Advanced Placement (AP) testing
 - Contact our office at 800-522-6170 ext. 4105 for more information
 - Check out this website for a list of extracurricular activities:
fastweb.com
- ☐ Start practicing taking the ACT or SAT to improve your score
 - Refer to pages 17 for more information about national test dates
 - If you would like to register for an ACT Workshop, please call our office at 800-522-6170 ext. 4105
- ☐ Consider a job or volunteer work over the summer
 - The Choctaw Nation Summer Youth Virtual Job Shadowing provides participants with basic work skills and good work habits necessary to enter into the job market. Must be 16 on or before the first day of work, June 7th 2021.
 - For more information and to obtain an application, visit:
477etsapp.choctawnation.com
- ☐ Talk to your family about creating a school budget
 - Life after high school can be expensive, it is never too early to start saving for school. Oklahoma's Promise can provide students the opportunity to earn a scholarship for college tuition
 - Oklahoma Promise: Check website to see if you qualify.
okhighered.org/okpromise/
 - Raise.me is a platform that helps high school students prepare for college by earning scholarships for their achievements in high school
raise.me
 - Check out the Oklahoma 529 College Savings Plan here
ok4saving.org/
- ☐ If you haven't already started creating a resume, create one and continue adding to it throughout school
 - Having a resume on file is a great way to keep track of your achievements and can be useful when applying for internships or jobs. Use this website to get started:
careeronestop.org

Junior Checklist

The checklist below contains information that you may find helpful in planning for your future.

- ☐ Oklahoma Promise: Check website to see if you qualify.

okhighered.org/okpromise/

- ☐ Start a college savings plan or add to one you have already started

- Go to ok4saving.org to find a savings program for you

- ☐ Create a resume and make a list of people you can ask for a reference letter

- You can find a great tool to create your resume at careeronestop.org

- ☐ Make a list of all the awards and honors you have received to put on your resume

- If you have questions about what can be considered an award or honor, you may visit petersons.com/blog/career-planning-resume-writing-honors-awards-and-accomplishments
- Create an Excel spreadsheet with all of your honors and awards as you receive them to help keep track of when you received them

- ☐ Decide whether you want to go to college, technical school, work, or into the military

- Contact your counselor to receive information about each option

- ☐ Begin planning campus visits to your top five colleges

- Ask your high school counselor if the school will be providing any college visits
- Check out Choctaw Nation College Connect or other college fairs in your area

- ☐ Be aware of the dates for the upcoming SAT and ACT exams

- To find ACT test dates, refer to page 17 or visit act.org/
- To find SAT test dates, visit collegereadiness.collegeboard.org
- For any questions, contact High School Student Services at 800-522-6170 ext. 4105

- ☐ Be aware of scholarships you can apply for and apply to as many as possible

- Start an account with raise.me to view participating schools you might be interested in attending
- A great resource to find many different types of scholarships is scholarships360.org/
- To find out about more scholarships, join the High School Student Services Facebook page @CNOHSSS
- To find Choctaw Nation scholarships, be sure to check out chahtafoundation.com/

- ☐ Create a strong personal statement for applications

- For help creating a strong personal statement, follow the link below:
shmoop.com/college/personal-statement-examples.html

- ☐ Consider a job or volunteer work over the summer

- The Choctaw Nation Summer Youth Employment Services provides participants with basic work skills and good work habits necessary to enter into the job market. Must be 16 on or before the first day of work, June 7th 2021.
- For more information and to obtain an application, visit:
477etsapp.choctawnation.com

Senior Checklist

The checklist below contains information that you may find helpful as you apply for services and scholarships necessary for the post-secondary path you choose.

☐ Get a plan

- Creating a plan only aids in the process of achieving your goals!
- Update your resume (check out careeronestop.org for free templates and information to create a standout resume)
- Letters of Recommendation - Find a few credible sources to write you letters of recommendation as soon as possible

☐ Choctaw Nation Higher Education, Career Development and Chahta Foundation.

- Higher Education: Scholarships and Grants – Concurrent students and students seeking an associate degree or higher
choctawnation.com/higher-education-0
- Career Development: Tribal members seeking education or careers that require a licensure or certification
choctawcareers.com/
- Chahta Foundation: Competitive scholarship opportunities for Choctaw students
chahtafoundation.com

☐ Scholarships

- Post-secondary education: Begin applying for scholarships available to you now and in the future
- HSSS Facebook: Follow our Facebook page @Choctaw Nation High School Student Services for educational resources/scholarship information and applications
- Scholarship Sites:
scholarships360.org
okcollegestart.org
Raise.me

☐ Be aware of the dates for the upcoming SAT and ACT exams

- To find ACT test dates, refer to page 17 or visit act.org/
- To find SAT test dates, visit collegereadiness.collegeboard.org
- For any questions, contact High School Student Services at 800-522-6170 ext. 4105

☐ Applications

- Start working on college and technical school applications as well as your FAFSA application
- FAFSA Website: studentaid.ed.gov/sa/fafsa
- Documents needed to complete FAFSA include:
Your Social Security number
Social Security numbers for one or both parents
Driver's License
Tax information

☐ College Visits/Career Expos

- College visits are a great way to get to know your top choices and familiarize yourself with their campus

CHOCTAW PROGRAMS



What is an Individual Career Academic Plan (ICAP)?

The term ICAP refers to both a **process** that helps students engage in academic and career development activities and a **product** that is created and maintained for students' academic, career and personal advancement.

ICAP is a student-driven, ongoing process that actively engages students, enabling them to:

- Understand their own interests, strengths, values and learning styles
- Create a vision of their future
- Develop individual goals
- Prepare a personal plan for achieving their vision and goals

As illustrated in the table below, the difference between the two columns is that with ICAP, the product (the plan) is intended to be dynamic and flexible, reflecting the following:

- Students' coursework, learning and assessment results
- Students' postsecondary plans, aligned with their career, academic and personal/social goals and financial reality
- Students' records of college- and career-readiness activities

4-Year Plan (Traditional)	ICAP (The Vision)
Product-based	Process-based
Some or select students (CTE, Special Education)	All students
Acts as a 4-year plan of courses	Acts as a navigational tool for students in grades 6-12 and beyond
Career application in elective CTE classes	Career application in all classes
Career development in elective courses or not at all	Career development infused throughout all courses
Student "on own" for his/her development	Student-driven with collaboration (advisor, mentor, parents)
High school graduation = end point	High school graduation = checkpoint
Career development is only the school counselor's job	Career development is systematic, whole-school responsibility

The ICAP process and related products can provide clear benefits to both students and schools if the district supports ICAP efforts in a strategic and coordinated manner. Districts must make a shift in thinking, approaching and delivering career development in their schools in order to help students and their families become more informed consumers of the education and training required to meet their personal goals.

This shift is a strategic one, toward a **holistic** and **student-centered** approach away from the 'random acts of career development' that occur now. Strong infrastructure, relationships and student awareness are key to successful implementation of ICAP.

Individual Career Academic Plan Components

The following table outlines the components that comprise ICAP and are aligned to the ICAP model. Many are already in place in your district. The shift will be systemic, toward a student-centered model that allows all students access to the components they need to meet their individual goal.

4 STAGES OF SUCCESSFUL INDIVIDUAL CAREER AND ACADEMIC PLANNING									
AWARENESS Self-Awareness Activities			EXPLORATION Exploration Activities		PREPARATION Career Planning Activities		ACTION Management Activities		
Set personal goals	Review Goals	Revise goals	Career interest inventories	Setting career goals	Resume writing	Writing cover letters	Modify academic goals as necessary		
Write personal reflection	Identify strengths	Identify needs	Career cluster exploration	Career pathway exploration	Investigate postsecondary options	Campus visits and reflections	Modify intentional sequence of courses as necessary		
Career skills inventory	Technical skills inventory	Academic skills inventory	Creation of program of study	Job fair participation and reflection	Applications to postsecondary options	Leadership opportunities	Modify personal goals as necessary		
Academic Preparation			Career research	Mock interview	Personal financial literacy concepts	Financial plan	Modify career goals as necessary		
Graduation requirements	AP or advanced courses	Online courses	Interviews of career experts	Career research paper	Complete FAFSA form	Scholarship information	Update ICAP regularly (annually, each semester, quarterly)		
Elective courses	CTE courses	Concurrent enrollment	Job shadowing	Work-based learning	Gather letters of recommendation	Mock interviews and reflection			
International Baccalaureate programs	Extra/co-curricular involvement	Career academics	Internship	Youth apprenticeship	Choosing a postsecondary option	Decision-making reflection			
Project Lead the Way	Industry or technical credentials	Career endorsements	Service learning projects	Work experience	Academic Planning Activities				
Pre-ACT/ACT PSAT/SAT	Industry certifications WorkKeys	ASVAB	Volunteering	Labor market information	Setting academic goals	Intentional sequence of courses	On track for graduation		



HIGH SCHOOL STUDENT SERVICES

OUR GOAL:

To assist our students with academic information to promote education and/or career path beyond high school.

REQUIREMENTS FOR ELIGIBILITY:

- ◆ Must be a tribal member of the Choctaw Nation of Oklahoma
- ◆ Must be attending an accredited high school, grades 9-12, and verified by the High School Student Services staff
- ◆ Each student must have a signed Student Record Release form on file with the Choctaw Nation High School Student Services program

SERVICES AVAILABLE AND PRE-APPROVED REIMBURSEMENTS:

- ◆ Cap and Gown**
- ◆ School visits*
- ◆ Parent-teacher conferences*
- ◆ Scholarship information
- ◆ Student Success Planner
- ◆ Notification of event dates
- ◆ ACT/SAT test fee**
- ◆ ACT prep workshops

*within the Choctaw Nation boundaries

**Until annual funds are depleted

TO JOIN

800-522-6170 | HIGHSCHOOLSTUDENTSERVICES@CHOCTAWNATION.COM

Chahta Anumpa Aiikhvna: School of Choctaw Language

800-522-6170 | choctawschool.com

Halito!

The Choctaw language is the heart of the identity of the Choctaw people. It encompasses the native spirit of our celebrated ancestors and awakens the desire in younger generations to persevere.

The School of Choctaw Language utilizes the talents of 19 teachers certified by the State of Oklahoma with various areas of expertise, including the language and culture of our Choctaw people. Our teachers believe that a strong will to learn can ignite the passion for learning the Choctaw language. Our teachers have developed a curriculum based on the world language standards established by the Oklahoma State Board of Education, which is taught in public schools and colleges around southeastern Oklahoma.

The Choctaw classes are taught through the distance learning system to 41 public schools, two colleges, and carry a world language credit. The Choctaw language is also taught to students in 14 Head Start Centers throughout the Choctaw Nation.

Additional classes are taught in 28 communities within the Choctaw Nation boundaries and at two locations in California.

The School of Choctaw Language also offers online internet language classes that are taught during the day and evenings. The language department also utilizes choctawschool.com, featuring, "learn at your own pace" lessons with sound clips provided by first-language Choctaw speakers. We also offer free "Lesson of the Day" emails that are delivered straight to your inbox.

It is an honor to speak, write, read, and sing the Choctaw language. Begin your language journey with the School of Choctaw Language today.

Chi pisa la chike. (I'll see you later.)

Phrases of Conversation:

- Halito. = Hello.
- Chim achukma? = How are you?
- Vm achukma. = I'm fine.
- Chishnato? = And you?
- Yakoke. = Thank you.
- Chahta chia ho? = Are you Choctaw?
- Chahta sia. = I am Choctaw.
- Chi hohchifo yvt nanta? = What is your name?
- Sv hohchifo yvt _____. = My name is _____.
- Katimma ish vtta? = Where do you live?
- _____ vtta li. = I live in _____.

Common Words:

- Oklahoma = Red People
- Chahta Okla = Choctaw People
- Tvshka Homma = Red Warrior

Colors:

- lakna = yellow
- homma = red
- okchakko = blue
- okchamali = green
- lakna hvta = orange
- homakbi = purple
- tohbi = white
- lusakbi = brown
- lusa = black

Numbers:

- achvffa = one
- tuklo = two
- tuchina = three
- ushta = four
- tahlapi = five
- hannali = six
- untuklo = seven
- untuchina = eight
- chakkali = nine
- pokkoli = ten



CHOCTAW CULTURAL CENTER

BE ENLIGHTENED, BE INSPIRED
AT THE CHOCTAW CULTURAL CENTER

—— STAY CONNECTED ——

CHOCTAWCULTURALCENTER.COM



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ACT TESTING DATES

TEST DATE	REGISTRATION DEADLINE	LATE FEE REQUIRED DATE
September 11, 2021	August 6	August 20
October 23, 2021	September 17	October 1
December 11, 2021	November 5	November 19
February 12, 2022	January 7	January 21
April 2, 2022	February 25	March 11
June 11, 2022	May 6	May 20
July 16, 2022	June 17	June 24

No test centers are scheduled in New York for the February and July test dates.

TO REGISTER

ACTSTUDENT.ORG | SEE YOUR HIGH SCHOOL COUNSELOR

FOR REIMBURSEMENT

800-522-6170

Choctaw Nation High School Student Services

Choctaw Nation of Oklahoma
High School Student Services



ACT Prep Workshops 2021-2022

Workshop Date	Workshop Registration Deadline	Location
September 9, 2021	Friday, August 28, 2021	Hugo – Kiamichi Technology Center - Seminar Room
October 21, 2021	Friday, October 16, 2021	McAlester - Kiamichi Technology Center - Seminar Room
December 9, 2021	Friday, December 4, 2021	Idabel - Kiamichi Technology Center - Seminar Room
February 10, 2022	Friday, January 29, 2022	Durant - Kiamichi Technology Center - Seminar Room
March 31, 2022	Friday, March 19, 2022	Poteau – Kiamichi Technology Center - Seminar Room

Choctaw students who are members of High School Student Services will have their ACT Workshop fees paid for by the HSSS program. Students must register for ACT Workshops, please see contact information below.

You must be a High School Students Services member to attend the ACT workshops.

** ACT Workshop dates, times, and locations are subject to change without notice. Please call the High School Student Services office at 800-522-6170 Ext. 4105 the day before your scheduled workshop to confirm.*

**High School Student Services members call: 580-924-8280
Toll Free: 800-522-6170**



JOHNSON-O'MALLEY PROGRAM

- ◆ The JOM Program provides supplemental funding to contracted public schools within the Choctaw Nation boundaries. These funds are used to meet the specialized and unique educational needs of eligible students. Eligible students are Native Americans from age 3 through grade 12, who are verified as members or whose parents are members of a federally recognized tribe, except those students who are enrolled in Bureau or sectarian-operated schools.
- ◆ The Johnson-O'Malley Supplemental Indian Education Program Modernization Act PL 115-404, will seek to obtain a complete update of the student count for eligible Native American students while increasing participation around the country from schools and Tribes. It will initiate conversations with the Department of the Interior and BIE regarding the modernization of rules and regulations for Johnson-O'Malley Programs. As well as reinforce the recognition of Tribal sovereignty and the respect of federal treaty rights.

ELIGIBLE STUDENTS

- Native Americans age three through grade twelve
- Verified members or whose parents are members of a federally recognized tribe
- Cannot be enrolled in bureau or sectarian-operated schools
- Live within the boundaries of the Choctaw Nation

BY THE NUMBERS

- Participating schools: 75
- JOM student enrollment: 13,140

CONTACT

800-522-6170 | JOM@CHOCTAWNATION.COM

Notes

[illegible]



STAR PROGRAM

SUCCESS THROUGH ACADEMIC RECOGNITION

To qualify for STAR awards, students must be enrolled in the second - twelfth grades and possess a tribal membership card. Incentives are given twice a year at the end of each semester, for the following academic achievements:

- ALL A'S: **\$25 GIFT CARD**
- ALL B'S: **\$10 GIFT CARD**
- ALL A'S & B'S: **\$10 GIFT CARD**
- PERFECT ATTENDANCE: **\$25 GIFT CARD**

AWARDING PERIOD: FALL, DEC 1 - MAR 1 | SPRING, MAY 1 - SEP 1

STARAPPLICATION.CHOCTAWNATION.COM

580-634-0681

Child Care Assistance Program

800-522-6170 | ChoctawNation.com

The Child Care Assistance Program is a subsidy program that assists eligible low-income, Native American families with their financial obligation for child care. We are often confused with day care; however, we are strictly a subsidy program and do not operate the Choctaw Nation Child Care Centers.

The purpose of the program is to increase the availability, affordability, and quality of child care services within the Choctaw Nation boundaries.

Eligibility Requirements:

- Child must be under the age of 13 years of age.
- Child must be a member of a federally recognized Native American Tribe, or a child who resides with an Indian family. The Native American family must include one parent/guardian who is a member of a federally recognized Tribe.
- Child must reside within the Choctaw Nation boundaries.
- Both parents must be working, in training or attending an educational program.
- Must meet income guidelines based on family size and income.





"I have known a lot of successful people, that other people didn't believe in them, yet they became successful. I've never known anybody that didn't believe in themselves and they became successful."

- John Maxwell

EMPOWERING TOMORROW'S LEADERS

Choctaw Nation Youth Advisory Board

What is YAB?

- Develop servant leaders
- Partner with local communities and schools
- Students identify, plan, and advocate for positive change
- Build community and business leaders
- Encourage community volunteers and activists
- Build self-esteem and confidence

Cirriculum Topics

- Presentation Skills
- Planning and Teambuilding Skills
- Building Trust
- Creative Thinking
- Confidence Building
- Listening Skills
- Dealing with Different Personality Types

YAB Chapter Contacts:

Crowder-McAlester580-775-5348
Durant- Antlers-Atoka580-931-7488
Bennington-Boswell-Soper580-775-3018

Hugo-Idabel580-317-3013
LeFlore North-LeFlore South580-775-7650
Stigler-Wilburton580-775-3974
Wright City-Battiest580-740-1204



CREATING PATHS OF OPPORTUNITY



APPLICATIONS ARE OPEN

1/15 - 3/31

EVERY YEAR

APPLY AT

CHAHTAFOUNDATION
.COM

WE ARE THE HOME FOR **CHOCTAW** COMPETITIVE **SCHOLARSHIPS**

THE CHAHTA FOUNDATION OFFERS COMPETITIVE SCHOLARSHIPS FOR CHOCTAW STUDENTS, INCLUDING GENERAL DEGREES TO SPECIALIZED AREAS SUCH AS HEALTHCARE AND BUSINESS. ANY CHOCTAW STUDENT PURSUING A COLLEGE DEGREE IS ENCOURAGED TO APPLY FOR THESE COMPETITIVE SCHOLARSHIPS.



DOZENS OF SCHOLARSHIP OPPORTUNITIES
HIGH SCHOOL SENIOR TO DOCTORATE-LEVEL DEGREES



NEW OPPORTUNITIES
REAPPLY EACH YEAR



UNIVERSAL APPLICATION
APPLY ONCE - MULTIPLE OPPORTUNITIES



ONLINE APPLICATION
MOBILE DEVICES LOVE US



CHAHTAFOUNDATION.COM



SCHOLARSHIP@CHAHTAFOUNDATION.COM



580-924-8280



COLLEGE CLOTHING ALLOWANCE

The Choctaw Nation offers a one-time college clothing allowance for students throughout the United States who are currently attending an accredited college, university or technical school pursuing, at minimum, an associate degree.

Students must be a member of the Choctaw Nation of Oklahoma and completed at least 12 college credit hours.

Qualifying applicants will receive a Visa card to purchase college clothing. The card can only be used at retailers that sell clothing; it will be declined at ATMs, gas stations, restaurants, and movie theaters.

CONTACT

800-522-6170 | CHAHTAACHVFFA.CHOCTAWNATION.COM

Choctaw Nation Higher Education Program

ARE YOU INTERESTED IN COLLEGE?

COLLEGE FRESHMAN YEAR INITIATIVE

Contact a First Year Experience Coordinator at one of these colleges:



Carl Albert State College
918-647-1423



Eastern Oklahoma State College
918-465-1705



**Southeastern Oklahoma
State University**

Southeastern Oklahoma State University
580-745-3314

The goal of the College Freshman Year Initiative (FYI) is to create a community among Choctaw students, their college campus, and our staff wherein freshman students are empowered to make informed decisions and develop academic and life skills to become confident, proactive, and accountable participants in their college education. In order to achieve this goal, we've placed Choctaw First Year Experience Coordinators on the campuses of Southeastern Oklahoma State University-Durant, Carl Albert State College-Poteau, and Eastern Oklahoma State College-Wilburton to closely assist Choctaw students throughout their freshman year and foster success through graduation.

If you are a first-time freshman, a Choctaw Tribal Member, and are considering attending one of these schools, please call our office today.

CONTACT

800-522-6170
WWW.CHOCTAWNATION.COM

CONCURRENT STUDENTS!



The Choctaw Nation Higher Education Program offers assistance for tribal member high school students who are concurrently enrolled at an accredited college or university.

To apply, visit higheredapplication.choctawnation.com and upload the following:

- ◆ An updated high school transcript
- ◆ Complete college transcript
- ◆ FERPA Authorization form
- ◆ CDIB membership card
- ◆ College class schedule
- ◆ A 2018 IRS.gov VV9 form with the student's information

Fall Application: August 1st - **October 1st**

Spring Application: January 1st - **March 1st**

Summer Application: May 1st - **June 15th**

*Funding up to 6 **credit hours**

TO APPLY

HIGHEREDAPPLICATION.CHOCTAWNATION.COM | 800-522-6170

Choctaw Nation Higher Education Program

VIRTUAL EVENT

CHOCTAW COLLEGE CONNECT 2021

SAVE THE DATE

NOVEMBER 4, 2021

**TO REGISTER FOR THIS FREE VIRTUAL EVENT, VISIT:
CHOCTAWCOLLEGECONNECT.COM**



FOR PARENTS AND STUDENTS AGES 14-18 / GRADES 9-12

All students, tribal and non-tribal, within service area
and Tribal members outside service area

FOR QUESTIONS

EMAIL: HIGHEREDUCATION@CHOCTAWNATION.COM | 800-522-6170



Choctaw Nation

College Connect

Stay Connected

CHOCTAWNATION.COM



COLLEGE SCHOLARSHIPS



The Choctaw Nation Higher Education Program offers assistance for all tribal member students who are enrolled at an accredited college or university.

To apply, visit higherredapplication.choctawnation.com and upload the following:

- ◆ College ID documentation
- ◆ FERPA Authorization Form
- ◆ CDIB Membership Card
- ◆ College class schedule
- ◆ Complete college transcript

Fall Application: August 1st - **October 1st**

Spring Application: January 1st - **March 1st**

Summer Application: May 1st - **June 15th**

*Funding up to 6 **credit hours**

TO APPLY

HIGHEREDAPPLICATION.CHOCTAWNATION.COM | 800-522-6170

Choctaw Nation Higher Education Program



COMPLETE YOUR HIGH SCHOOL DIPLOMA

APPLICATIONS AVAILABLE ON: [CHOCTAWNATION.COM/ADULT-EDUCATION](https://choctawnation.com/adult-education)

The Choctaw Nation offers High School Equivalency Diploma classes online for all Choctaw members across the United States. Traditional classes, with an instructor, are also offered within the Choctaw Nation area for all federally recognized tribes. Most students finish within 12 weeks of study. A \$250 incentive is available to students enrolled in the program upon completion. All books, supplies and testing fees are provided.

Students must fill out the application and provide the following documentation: CDIB or Tribal Membership, Social Security card, and Current Driver's license or State Issued ID.

CONTACT: 800-522-6170 | ADULTED@CHOCTAWNATION.COM



Choctaw Nation

Adult Education

Stay Connected

[CHOCTAWNATION.COM](https://choctawnation.com)



Women, Infants and Children (WIC)

The Choctaw Nation WIC Program is a federally funded special supplemental nutrition program designed to provide a combination of nutrition education, supplemental foods, breastfeeding promotion and support and referrals for health care to low-income pregnant, postpartum and breastfeeding women, infants and children. WIC has been proven effective in preventing and improving nutrition related health problems within its population. To qualify for this program, you must meet the following criteria:

- Meet the income eligibility guidelines
- Be a pregnant, postpartum (up to six months), breastfeeding woman; Infant (birth to 12 months); or a Child (1 – 5 years)
- Be at a nutritional risk

The foods provided by the WIC program are high in iron, protein, calcium, vitamin A and Vitamin C. The program serves participants within the Choctaw Nation boundaries at 14 clinic locations: Durant, Hugo, Antlers, Atoka, Idabel, Broken Bow, Bethel, Smithville, Poteau, Spiro, Stigler, Wilburton, Talihina, McAlester and a WIC Mobile Van.

Breastfeeding counseling and support is provided through the Breastfeeding Peer Counseling Program. The mission of the Breastfeeding Peer Counseling Program is to improve breastfeeding initiation and duration rates; improve long-term health benefits to women, infants and children; and to reduce the incidence of obesity in childhood and later life. The Program provides specialized breastfeeding education, encouragement, and support to pregnant and breastfeeding women. Breastfeeding Peer Counselors do on-site counseling and education, home visits, telephone/texting consultations and contacts, and hospital visits. Breastfeeding classes are offered through this Program at any location within the Choctaw Nation boundaries. For more information about the Breastfeeding Peer Counseling Program, contact 580-916-9140 ext. 83854.

Choctaw WIC Program Sites:

Durant: 1801 Chukka Hina.....	580-920-2100 x83517
Atoka: 1585 W. Liberty	580-889-5825
Antlers: 400 ½ SW 'O' Street	580-298-3161
Hugo: 310 N. 'M' Street	580-326-9707 x35089
McAlester: 1127 S. George Nigh Expwy	918-423-6335
Wilburton: 515 Center Point Road.....	918-465-5641
Talihina: One Choctaw Way.....	918-567-7000 x6792
Stigler: 2206 E. Main.....	918-967-4211
Spiro: 19400 AES Road.....	918-962-5134
Poteau: 109 Kerr Ave	918-649-1106
Broken Bow: 1300 Martin Luther King Dr.	580-584-2746
Idabel: 2408 E. Lincoln	580-286-2510
Bethel: 3839 Battiest/Pickens Rd.....	580-241-5458
Smithville: 39618 North Hwy 259.....	580-244-3289
Mobile Van:	580-380-3628

FIND YOUR PASSION FIND YOUR CAREER

CAREER DEVELOPMENT VISION

The Choctaw Nation Career Development Program works to enhance the lives of the Choctaw Tribal Members. Career Development provides opportunities for education and training that lead to industry recognized certifications or licensures and self-sustaining employment.

REQUIREMENTS FOR ELIGIBILITY

Interested participants must be Post-Secondary Choctaw Tribal Members. Proof of membership will be required for access to services.

AVAILABLE SERVICES

- Career Guidance Services
- Assessment Testing
- Academic Remediation
- Financial Assistance for Quality Training
- Soft Skills
- Employment Services

CONTACT

800-522-6170

CHOCTAWCAREERS.COM



DYLAN GRANT

Commercial Truck Driver
Arbuckle Truck Driving School



WHERE INTERNSHIPS LEAD TO MORE THAN JUST A JOB

The Choctaw Nation of Oklahoma Internship Program provides opportunities for Choctaw college students to gain career fundamentals while earning college credits.

The CNO Internship Program is a paid program that allows students rewarding opportunities both academically and professionally.

The program is temporary but could lead to regular employment upon graduation.

Space is limited, so sign up today.

CONTACT

800-522-6170
CAREERS.CHOCTAWNATION.COM

Choctaw Nation Internship Program



YOUTH WORK OPPORTUNITIES

ELIGIBILITY REQUIREMENTS

- CDIB/Tribal Membership Card from a Federally Recognized Tribe
- Residence Verification - Physical & Mailing
- Household Income Verification
- Selective Service (Males 18 yrs. & older)
- Employment Development Plan
- Acknowledgement Form
- Statement of Understanding (Applicants below 18 yrs. of age)

APPLY ONLINE: 477ETSAPP.CHOCTAWNATION.COM

APPLICATION OPEN FROM JANUARY 1ST - APRIL 1ST

Choctaw Nation Summer Youth Employment Services

(Program funded by Public Law 102-477)



VOCATIONAL REHABILITATION

The Choctaw Nation Vocational Rehabilitation Program offers services to assist American Indians with disabilities attain their goal of gainful employment. This program is designed to provide services consistent with individual consumers' strengths, resources, priorities, concerns, abilities, capabilities, interests, and informed choice so they may prepare for and engage in gainful employment.

ELIGIBILITY REQUIREMENTS

- Must have a physical or mental impairment which constitutes a substantial impediment to employment
- A presumption that the applicant can benefit in terms of an employment outcome from the provision of VR services unless the program can demonstrate with clear and convincing evidence that the individual is incapable of benefiting from VR services for an employment outcome
- A determination that the applicant requires VR services to prepare for, enter into, engage in, or retain gainful employment consistent with the applicant's strengths, resources, priorities, concerns, abilities, and informed choices
- Applicants must reside within the Choctaw Nation boundaries
- Must be a member of the Choctaw Nation or another federally recognized tribe

EXAMPLES OF SERVICES PROVIDED

- Medical, psychological and vocational evaluations
- Assistive devices such as artificial limbs, hearing aids, wheelchairs, etc.
- Vocational training in schools, colleges and on-the-job
- Transportation during vocational rehabilitation
- Placement on the right job
- A follow-up to ensure the worker and job are properly matched
- Traditional and cultural services

EXAMPLES OF DISABILITIES

- Amputations
- Blindness and other visual impairments
- Head injuries
- Deaf/Hard of hearing
- Learning disability
- Mental health disorders
- Orthopedic impairments
- Seizure disorders
- Speech problems
- Spinal cord injuries
- Diabetes
- Obesity

800-522-6170 | CHOCTAWNATION.COM



EDUCATION AND TRAINING ASSISTANCE

The Choctaw Nation of Oklahoma Vocational Development Program can offer financial assistance and stipend for education/training programs. A one-time financial assistance for job relocation is also available for those who qualify.

Guidelines:

- Be at least 1/4 Native American
- Be a high school graduate or have completed a GED course
- Live within the Choctaw boundaries
- Plan to attend an APPROVED two-year accredited college, training institution, or career tech as a full-time student

CONTACT

800-522-6170

Choctaw Nation Vocational Development

Notes

[illegible]

**ARE YOU READY
FOR LIFE AFTER
HIGH SCHOOL?**

Scholarship Guide

Start Now.

Familiarize yourself with a wide variety of scholarship opportunities. SENIORS: Fill out the FAFSA as soon as possible after October 1st and every year thereafter you are in college.

Do Your Research

Visit with your high school counselor to see what scholarships may be available to you during your senior year. Check with your prospective colleges and see if there are any scholarships specifically for Native American students and incoming freshmen.

Free resources and scholarship searches you may find helpful include:

- chahtafoundation.com
- okbu.edu/financial-aid/martin-scholarship.html
- fastweb.com
- okcollegestart.org
- scholarships.com
- college-scholarships.com
- salliemae.com/planforcollege
- scholarship360.org
- ucango2.org
- raise.me

List of Colleges and Universities in Oklahoma:

okhighered.org/state-system/colleges-universities/list.shtml

Know the Deadlines

There are endless opportunities for scholarships, and keeping yourself organized during the application process is very important. You wouldn't want to do all the work for a scholarship only to realize you missed the deadline. Keeping on track can be easy if you find a method that works for you.



WITHIN REACH ... WITHIN YOU

Thinking of going to college?

Visit **UCanGo2.org** for free information about planning, preparing and paying for college.

405.234.4239

866.443.7420

Oklahoma's official guide to preparing for college

DO YOU HAVE A PLAN FOR COLLEGE?



OKLAHOMA STATE REGENTS
FOR HIGHER EDUCATION

Improving our future by degrees

High School Juniors and Seniors

WHAT'S YOUR PLAN FOR COLLEGE?

Right now, college probably seems a million miles away. But NOW is the best time to start making plans for what happens after high school. You don't have to make any big decisions yet, but the sooner you start thinking about what you're interested in doing for a living, the easier your choices will be later. Where are you headed after graduation? What do you have to do to get there? Don't know where to start? You're not alone! Read this booklet to get some good ideas about how to begin your journey. Then talk to your family and school counselor about your plan for college.

WHAT'S IN IT FOR YOU?

- You'll have the time to explore your interests, discover things you didn't know and set new goals.
- College is fun! You'll meet interesting people and make new friends.
- You'll learn how to learn — how to think critically, solve problems and develop new skills.
- A degree can take you out of a minimum-wage job and into a good-paying career you enjoy. Studies prove it: Continue your education after high school, and you're likely to make more money and enjoy a better life.

OKCOLLEGESTART.ORG

CLICK • COMPARE • CHOOSE

OKcollegestart.org is the official source for planning a college education in Oklahoma and offers interactive tools to help you prepare and pay for college. The website provides information about admission requirements, financial aid and scholarships, college costs and more. You can search by keywords and receive personalized results to compare colleges.

LET'S TALK MONEY

WITHOUT A DEGREE

Let's say you decide to skip college and take a job as a data entry keyer. You'll get paid about \$15 an hour, which is approximately \$2,136 a month or \$25,632 per year in take-home pay.

GROSS PAY
\$2,600 month
*less taxes, Social Security
and Medicare*
TAKE-HOME PAY
\$2,136 month

WITH A DEGREE

Now let's say you take the time to explore careers, go that extra mile and graduate from college with a degree in computer programming. As a computer programmer, you'll make about \$40 an hour. That's \$5,120 a month or \$61,440 per year in take-home pay.

GROSS PAY
\$6,933 month
*less taxes, Social Security
and Medicare*
TAKE-HOME PAY
\$5,120 month

THE MORE YOU LEARN, THE MORE YOU CAN EARN

In fact, according to the U.S. Census Bureau, someone with a bachelor's degree earns about 50% more than someone with just a high school diploma. That makes a huge impact on your monthly paycheck and can help you afford the lifestyle you want.

GLOSSARY

If any of the terms used in this publication are unfamiliar to you, check out the glossary in the Prepare for College section in the College Planning tab at **OKcollegestart.org**.

WHAT A DIFFERENCE A DEGREE MAKES

Associate or Bachelor's Degree	Moderate On-the-Job Experience
Computer Programmer \$39.95 per hour	Data Entry Keyer \$14.97 per hour
Architect or Engineer \$41.47 per hour	Construction Laborer \$15.02 per hour
Animal Scientist \$19.26 per hour	Veterinary Assistant \$12.06 per hour
Detective/Criminal Investigator \$31.79 per hour	Security Guard \$15.29 per hour
Preschool Teacher (except Special Education) \$14.09 per hour	Child Care Worker \$9.82 per hour
Registered Nurse \$30.33 per hour	Nursing Assistant \$12.35 per hour

Source: Oklahoma Employment Security Commission, Oklahoma Wage Report 2018

CAREERS

Want to investigate your skills and interests and explore career options that may be right for you? Check out the Career Planning tab at OKcollegestart.org.

OKLAHOMA MONEY MATTERS

To learn more about earning income and managing money, check out Oklahoma Money Matters (OKMM). OKMM offers information and resources to help students and parents prepare financially for college, strengthen family financial planning and empower young adults with money management skills for independent living. Visit OklahomaMoneyMatters.org or call 800.970.OKMM (6566).



COURSES TO TAKE

You must take certain courses in high school to graduate and for admission to an Oklahoma public college or university. These requirements will prepare you for college, and you'll learn valuable skills in case you decide to get a job right out of high school.

SUBJECT	UNITS
English	4 units
Mathematics	3 units
Laboratory Science	3 units
History and Citizenship Skills	3 units
Other	2 units
TOTAL	15 UNITS



For more information about the specific courses you must take to earn a "standard" high school diploma, visit OKcollegestart.org. Remember that requirements may change, and they may be different for private colleges and universities, so always check with your counselor for details.

THINK AHEAD

A great way to speed up your college career is to consider earning college credit even before you graduate from high school — as early as your junior year. Taking advantage of opportunities such as Advanced Placement (AP) courses and concurrent enrollment can save you time, tuition, and room and board, and will also prepare you for the demands of college. To learn more, visit OKcollegestart.org and ask your high school counselor what options are available at your school.

COLLEGE ENTRANCE EXAMS

For more information about preparing for the ACT exam, visit ACT.org, and for information about preparing for the SAT exam, visit SAT.org. Visit OKcollegestart.org to learn more about preparing for college entrance exams and sign up for a free student account to take the free practice tests for the ACT and SAT. Talk to your counselor about taking the ACT and SAT.

GRADES TO MAKE

If you want to attend an Oklahoma college or university, you must meet certain requirements. When you apply for admission, public colleges and universities will look at:

- Your score on a national standardized test (ACT or SAT).
- Your overall grade point average (GPA) and ranking within your high school class OR
- Your GPA in the 15 core courses required for college entry.

For more information about 2019-20 admission requirements for first-time entering students at Oklahoma public colleges and universities, visit OKcollegestart.org/College_Planning/Prepare_for_College/grades_to_make.aspx. You can also talk to your school counselor or check with the college(s) you want to attend.

THE CHOICE

Choosing where to go to college is an important decision. Your selection will affect your future and even your success as a student. Here are some things to think about.

- Location: Are you willing to move away from home? Do you prefer a city or country setting? Do you want to live on campus?
- Type of school: Do you want to go to a large or small school?
- Admission requirements: How are your grades and test scores?
- Academics: What do you want to study?
- Financial aid: How much financial assistance do you need? Can the campus provide you with aid (scholarships, part-time employment)?
- Activities: Which campus offers the best options for your interests?

CAMPUS VISITS

Still undecided about which college to attend? Schedule some campus visits to the schools you might be interested in attending. These visits can help you make a more educated decision. While on your campus visits, talk to as many people as you can and don't pass up a chance to ask questions. Use the Making the Most of Campus Visits guide found at UCanGo2.org/publications/HS to make your trip a success.



TYPES OF SCHOOLS AND DEGREES

RESEARCH UNIVERSITY

An institution that grants bachelor's, graduate and professional degrees and offers a wide variety of courses and degree programs. Generally, they have large student bodies and expansive campuses.

REGIONAL UNIVERSITY

An institution that offers bachelor's and master's degrees, and in some instances, associate or professional degrees. They tend to have mid-sized student populations and campuses.

PUBLIC LIBERAL ARTS UNIVERSITY

An institution that grants bachelor's degrees in arts and science fields, including humanities. A public liberal arts university tends to have smaller class sizes that facilitate close interaction between faculty and students.

COMMUNITY COLLEGE

An institution that grants associate degrees for transfer to four-year institutions or for career preparation. They usually offer flexible class schedules with smaller class sizes.

TECHNICAL BRANCH

An institution that grants applied associate degrees, some Bachelor of Technology degrees and a limited number of associate degrees for transfer to four-year institutions. Technical branches have a special emphasis on education and training in technical fields.

CERTIFICATE

A credential awarded for an organized program of study that may or may not lead to an academic degree.

ASSOCIATE IN ARTS (A.A.) OR ASSOCIATE IN SCIENCE (A.S.) DEGREE

A degree awarded upon completion of two years of full-time college work (at least 60 credit hours) that is designed to transfer to a four-year university. The State Regents recognize these two types of associate degrees that transfer to any university.

ASSOCIATE IN APPLIED SCIENCE (A.A.S.) DEGREE

A degree requiring two years of full-time college work (at least 60 credit hours) that emphasizes an occupational specialty and is designed to lead the individual directly to employment. Some A.A.S. degrees may lead to a Bachelor of Technology degree.

BACHELOR'S DEGREE

A degree requiring four years of full-time college work (at least 120 credit hours). The State Regents recognize three types of bachelor's degrees — Bachelor of Arts, Bachelor of Science and Bachelor of (Specialty), such as Music, Education, etc.

To learn more about selecting the right school for you, check out the *Explore Schools* section in the *College Planning* tab at OKcollegestart.org.

PAYING FOR COLLEGE

College costs vary; some institutions are more expensive than others, especially for out-of-state students. Fortunately, the cost of attending an Oklahoma public college or university is among the lowest in the nation. In addition, the availability of financial aid from various sources can make college even more affordable for qualified students.

2019-20 ESTIMATED AVERAGE COSTS FOR RESIDENT STUDENTS

Oklahoma Public Colleges and Universities (30 credit hours)

EXPENSES	RESEARCH UNIVERSITIES	REGIONAL UNIVERSITIES	COMMUNITY COLLEGES	TECHNICAL BRANCHES
TUITION	\$5,072	\$5,616	\$3,330	\$4,091
MANDATORY FEES	\$3,968	\$1,581	\$1,169	\$991

Visit OKcollegestart.org and select *How Much Does College Cost?* on the Financial Aid 101 page in the *Financial Aid Planning* tab for a more detailed breakdown of costs, including room and board.

TYPES OF FINANCIAL AID

There are four different types of financial aid available: scholarships, grants, work-study and student loans. To learn more about financial aid, visit OKcollegestart.org.

WHAT'S THE FAFSA?

To apply for federal financial aid (grants, work-study and student loans), Oklahoma's Promise and the Oklahoma Tuition Aid Grant Program (OTAG), you and your parents must complete the Free Application for Federal Student Aid (FAFSA). You'll need to have your parents' tax return(s) – along with yours – to complete the FAFSA. Even if you don't think you need financial aid (or qualify for it), fill out the FAFSA anyway. Most students qualify for some form of federal financial aid! Complete the FAFSA as soon as possible after Oct. 1 of your senior year and each year you need financial aid for college. Visit StartWithFAFSA.org to find FAFSA completion tools, including video tutorials available in English and Spanish.

FINANCIAL AID CHECKLIST

- Don't wait. Fill out the FAFSA as soon as possible after Oct. 1 of the year prior to every year you need financial aid. Many students don't realize they may qualify for federal aid such as grants, scholarships, work-study or low-cost student loans. Learn more at FAFSA.gov.
- Explore OKcollegestart.org and UCanGo2.org to learn more about paying for college. Start researching the colleges you're interested in and learn what types of financial aid they offer.
- Find out if scholarships are available in the fields you're interested in and what the requirements are, so you can plan early to apply. Scholarships are called "free money" because they don't have to be paid back. Students qualify for scholarships based on financial need, grades, talents and life experiences.
- Ask family members to open an Oklahoma College Savings Plan (OCSP) account by calling 877.654.7284 or visiting ok4saving.org. OCSP offers tax advantages for families, and funds can be used at nearly all colleges and universities in the United States.
- Learn about the student financial aid application process and programs by calling or visiting the websites for the resources listed in this brochure.

TIPS FOR SCHOLARSHIP SUCCESS

- **GO LOCAL.**
Many clubs, civic organizations and churches offer scholarships. If you aren't sure, ask! Applying locally for scholarships means you're competing against fewer people.
- **DO THE "WRITE" THING.**
Many scholarships require an essay, but don't let that discourage you. Scholarships that require essays have fewer applicants, which means you have a greater chance of winning the award.
- **DON'T MISS THE BOAT.**
Apply for as many scholarships as possible and keep track of the requirements for each one so you don't miss out on free money by forgetting to include your transcript or submitting your application after the deadline.
- **DO YOUR RESEARCH.**
Set up an appointment with your school counselor to talk about your scholarship options. Many colleges post available scholarships on their websites. Check with the college(s) you plan to attend to learn about scholarships they may offer.

Check out the
Scholarship Success
Guide in the
Publications tab at
UCanGo2.org.



JUNIOR CHECKLIST

- Take core classes that meet college entrance requirements.
- If you signed up for Oklahoma's Promise in the eighth-10th grade, use the curriculum checklist at OKPromise.org to keep track of your courses, continue to make good grades and stay out of trouble.
- Explore opportunities to earn college credit while still in high school, like concurrent enrollment and AP courses.
- Prepare to take ACT/SAT exams. You may want to take these more than once to raise your score. Visit OKcollegestart.org to take free practice exams.
- Attend college fairs in your area.
- When you narrow the list of schools you're interested in, schedule campus visits.
- Explore OKcollegestart.org and UCanGo2.org to learn more about paying for college. Start researching the colleges you're interested in and learn what types of financial aid they offer. Search and apply for scholarships on OKcollegestart.org and UCanGo2.org. We recommend juniors apply for one or two scholarships per week.

SENIOR CHECKLIST

- Talk to your family and school counselor about your goals after high school.
- Research grants and scholarships available through your school, business community and local civic organizations. Search and apply for scholarships on OKcollegestart.org and UCanGo2.org. We recommend seniors apply for two or three scholarships per week.
- Complete the Free Application for Federal Student Aid (FAFSA) as soon as possible after Oct. 1 of your senior year and prior to each year you need financial aid. The FAFSA is used to determine your eligibility for most federal financial aid, including federal (and some state) grants and scholarships.
- Visit FAFSA.gov to request a Federal Student Aid ID (FSA ID) and submit your FAFSA online.
- Submit admission and financial aid applications to the college(s) of your choice; pay close attention to deadlines.
- Review your Student Aid Report (SAR) for accuracy. Any inaccurate items need to be corrected, either at FAFSA.gov or by contacting your college's financial aid office.
- Respond quickly to any requests from colleges and universities for additional information.

Review more detailed junior and senior checklists at UCanGo2.org/publications/H5.

COLLEGE PLANNING RESOURCES

Remember, OKcollegestart.org is your one-stop shop for interactive college planning tools and information about career exploration, selecting a college or university, ACT/SAT test prep, financial aid and more. Open a free student account and find OKcollegestart.org on Facebook today! OKcollegestart.org or 866.443.7420



UCanGo2 provides resources and information to demonstrate the value of higher education, inspire confidence to support academic achievement, and help students plan, prepare and pay for education after high school. Find UCanGo2 on Facebook today! UCanGo2.org or 866.443.7420



Ready Set Repay works with student loan borrowers and Oklahoma higher education institutions to help students make smart borrowing decisions and successfully repay their student loans. Learn more about student loan management at ReadySetRepay.org. Find Ready Set Repay on Facebook today! ReadySetRepay.org or 800.635.3743



● College Questions Answered Promptly
studentinfo@osrhe.edu

● Federal Student Aid
studentaid.ed.gov

● Oklahoma GEAR UP
okgearup.org

● ACT Student Center
actstudent.org

● Free Application for Federal Student Aid (FAFSA)
FAFSA.gov
StartWithFAFSA.org

● Oklahoma Tuition Aid Grant Program (OTAG)
otag.org

OKLAHOMA PUBLIC COLLEGES AND UNIVERSITIES

Current as of August 2019



RESEARCH UNIVERSITIES

1. Oklahoma State University, Stillwater
okstate.edu, 800.233.5019
2. OSU Center for Health Sciences, Tulsa
healthsciences.okstate.edu, 800.677.1972
3. OSU-Tulsa
osu-tulsa.okstate.edu, 800.364.0710
4. University of Oklahoma, Norman
ou.edu, 800.234.6868
5. OU Health Sciences Center, Oklahoma City
ouhsc.edu, 877.577.5655
6. OU-Tulsa
ou.edu/tulsa, 918.660.3000

REGIONAL UNIVERSITIES

7. Cameron University, Lawton
cameron.edu, 888.454.7600
8. Cameron University, Duncan
cameron.edu/duncan, 877.282.3626
9. East Central University, Ada
ecok.edu, 580.332.8000
10. Langston University, Langston
langston.edu, 877.466.2231
11. Langston University, Tulsa
langston.edu/tulsa, 918.877.8100
12. Northeastern State University, Tahlequah
nsuok.edu, 800.722.9614
13. Northeastern State University, Broken Arrow
nsuok.edu/brokenarrow.aspx, 918.449.6000
14. Northeastern State University, Muskogee
nsuok.edu/muskogee, 918.683.0040
15. Northwestern Oklahoma State University, Alva
nwsu.edu, 580.327.1700
16. Northwestern Oklahoma State University, Enid
nwsu.edu/enid, 580.237.0334
17. Northwestern Oklahoma State University, Woodward
nwsu.edu/woodward, 580.256.0047
18. Oklahoma Panhandle State University, Goodwell
opsu.edu, 800.664.6778

19. Rogers State University, Claremore
rsu.edu, 918.343.7777
20. Rogers State University, Bartlesville
rsu.edu/bartlesville, 918.338.8000
21. Rogers State University, Pryor
rsu.edu/pryor, 918.825.6117
22. Southeastern Oklahoma State University, Durant
se.edu, 800.435.1327
23. Southeastern Oklahoma State University, Idabel
se.edu/mccurtain, 888.286.9431
24. Southwestern Oklahoma State University, Weatherford
swosu.edu, 580.772.6611
25. Southwestern Oklahoma State University, Sayre
swosu.edu/sayre, 580.928.5533
26. University of Central Oklahoma, Edmond
uco.edu, 405.974.2000

PUBLIC LIBERAL ARTS UNIVERSITY

27. University of Science and Arts of Oklahoma, Chickasha
usao.edu, 800.933.8726

COMMUNITY COLLEGES

28. Carl Albert State College, Poteau
carlalbert.edu, 918.647.1200
29. Carl Albert State College, Sallisaw
carlalbert.edu, 918.775.6977
30. Connors State College, Warner
connorsstate.edu, 918.463.2931
31. Connors State College, Muskogee
connorsstate.edu, 918.687.6747
32. Eastern Oklahoma State College, Wilburton
eosc.edu, 918.465.2361
33. Eastern Oklahoma State College, McAlester
eosc.edu/mcalester, 918.426.5272
34. Murray State College, Tishomingo
mscok.edu, 580.371.2371
35. Northeastern Oklahoma A&M College, Miami
neo.edu, 888.464.6636

36. Northern Oklahoma College, Tonkawa
noc.edu, 580.628.6200
37. Northern Oklahoma College, Enid
noc.edu/enid, 580.242.6300
38. Oklahoma City Community College
occc.edu, 405.682.1611
39. Redlands Community College, El Reno
redlandsc.edu, 866.415.6367
40. Rose State College, Midwest City
rose.edu, 866.621.0987
41. Seminole State College, Seminole
ssocok.edu, 405.382.9950
42. Tulsa Community College
tulsacc.edu, 918.595.7000
43. Western Oklahoma State College, Altus
wosc.edu, 580.477.2000

TECHNICAL BRANCHES

44. Oklahoma State University Institute of Technology, Okmulgee
osuit.edu, 800.722.4471
45. Oklahoma State University – Oklahoma City
osuokc.edu, 800.560.4099

HIGHER EDUCATION PROGRAMS/SITES

46. Langston University, Oklahoma City
langston.edu/okc/langston-okc, 405.962.1620
47. Northern Oklahoma College, Stillwater
noc.edu/stillwater, 405.744.2246
48. University Center at Ponca City,
ucponcity.com, 580.718.5600
49. University Center of Southern Oklahoma, Ardmore
ucso.osrhe.edu, 580.319.0300

Tracking My Classes & Achievements

Jot down your volunteer work and achievements and track the classes you need to take each year to meet college admission requirements. For example, will you take American history in the spring semester of your junior year? Write it down here.

Freshman Year

Fall Classes

--

Spring Classes

--

Honors and Awards

--

Volunteer Work, Jobs and Extracurricular Activities

--

Sophomore Year

--

--

--

--

Junior Year

Fall Classes

Spring Classes

Honors and
Awards

Volunteer Work, Jobs and
Extracurricular Activities

Senior Year

Myths About Financial Aid

Don't fall for these myths about federal student aid and the application process.

“Federal student aid is just ‘free money’ like grants.”

Reality: Federal student aid includes three different kinds of financial help: grants, low-interest loans, and work-study funds (a part-time job on or near campus). To learn more about the different types of federal student aid, visit StudentAid.gov/types.

“My parents make too much money, so I won't qualify for aid.”

Reality: There is no income cut-off to qualify for federal student aid. Many factors—such as the size of your family and your year in school—are taken into account. And remember: when you fill out the Free Application for Federal Student Aid (FAFSA®) form, you're also automatically applying for funds from your state, and possibly from your school as well. In fact, some schools won't even consider you for any of their scholarships (including academic scholarships) until you've submitted a FAFSA form. Don't make assumptions about what you'll get—fill out the FAFSA form and find out.

“Only students with good grades get financial aid.”

Reality: While a high grade point average will help a student get into a good school and may help with academic scholarships, most of the federal student aid programs do not take a student's grades into consideration. Provided a student maintains satisfactory academic progress in his or her program of study, federal student aid will help a student with an average academic record complete his or her education.

“I don't have good credit, so I can't get a student loan.”

Reality: You don't need to get a credit check for most federal student loans (except for Direct PLUS Loans). Also, you won't need a cosigner to get a federal student loan in most cases.

“My ethnicity or age makes me ineligible for federal student aid.”

Reality: There are basic eligibility requirements (which you can find at StudentAid.gov/eligibility), but ethnicity and age are not considered.

“My parents aren't U.S. citizens, so there's no way I'll get aid.”

Reality: Your parents' citizenship status is NOT a factor, and the FAFSA form won't even ask you about it. If your parents don't have Social Security numbers, they must enter 000-00-0000 when the FAFSA form asks for their Social Security numbers.

“I support myself, so I don't have to include parent information on the FAFSA® form.”

Reality: This is not necessarily true. Even if you support yourself and file taxes on your own, you may still be considered a dependent student for federal student aid purposes. If you are considered dependent, you must provide your parents' information on the FAFSA form. The form asks a series of questions to determine your dependency status. You can preview the questions at StudentAid.gov/dependency.

“I can't file my FAFSA® form in October because I haven't applied to any schools.”

Reality: Actually, you CAN complete your FAFSA form before submitting any college or career school applications. You'll need to list at least one school on your FAFSA form, but go ahead and add every school you're considering, because some schools have early deadlines to apply for their limited funds. Then later, you can add or delete schools on your FAFSA form.

“I didn’t qualify for financial aid last year, so filling out the FAFSA® form again is just a waste of time.”

Reality: It’s super important to fill out a FAFSA form every year you’re in college or career school. Why? Because things can change. For instance, your school or state might create a new grant or scholarship, or the factors used to calculate your aid could change from one year to the next. Either way, if you don’t submit a new FAFSA form, you’re out of luck.

So what’s next?

Go to fafsa.gov and fill out the form. If you applied for admission to a college or career school and have been accepted—and you listed that school on your FAFSA form—the school will receive the information from your FAFSA form, calculate your aid, and send you an electronic or paper aid offer telling you how much aid you’re eligible for at the school.

Have questions? Contact or visit the following:

- StudentAid.gov
- a school’s financial aid office
- studentaid@ed.gov
- 1-800-4-FED-AID (1-800-433-3243) toll free
- TTY for the deaf or hard of hearing: 1-800-730-8913

Handy Resources

UCanGO2

Education beyond high school is possible for everyone. UCanGo2 can help you prepare, plan and pay for your higher education. Visit the website to view and download publications and other resources.

UCanGo2.org

OKCollegeStart

The state's official college planning website, which provides information to Oklahoma students, counselors, and parents about exploring colleges, comparing careers, and planning and paying for education beyond high school.

OKCollegeStart.org

Ready Set Repay

Ready Set Repay is an initiative of the Oklahoma College Assistance Program that helps students make smart borrowing decisions and successfully repay their student loans.

ReadySetRepay.org

OCAP

An operating division of the Oklahoma State Regents for Higher Education, OCAP provides college access, aid awareness, financial literacy and student loan management programs and services for students, parents, schools, and community partners.

OCAP.org

Oklahoma State Regents for Higher Education

The State Regents are the coordinating board for Oklahoma public higher education. They set academic standards, grant degrees and manage numerous scholarships and special programs.

OKHigherEd.org

College Questions

School Name		
<i>Do you offer my planned major?</i>		
<i>Do you offer academic counseling and support?</i>		
<i>Does your campus help students find internships or jobs in their chosen field?</i>		
<i>What's your average class size?</i>		
<i>What type of extracurricular activities do you offer?</i>		
<i>What scholarships do you offer for incoming freshman? How do I apply?</i>		
<i>What are your admission requirements?</i>		
<i>What's your enrollment deadline?</i>		

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<i>What's your enrollment deadline?</i>		

CALENDAR



June 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 College Clothing Fall Opens	2	3	4	5
6	7	8	9	10	11	12 ACT Test
13	14 Flag Day	15	16	17	18 ACT Registration Deadline for July 18 Test	19 Summer Begins
20 Father's Day	21	22	23	24 Happy Birthday, Councilperson Anthony Dillard	25	26
27	28 Happy Birthday, Councilperson James Frazier	29	30			

July 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 Boom in the Valley Youth Clothing Allowance Program Opens	2	3
4 Independence Day	5	6	7	8	9	10
11	12	13	14	15	16	17 ACT Test
18	19	20	21	22	23	24
25	26	27	28	29	30	31

August 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 Higher Ed Fall Opens	2	3	4	5	6	7
8	9	10 Happy Birthday, Councilperson Robert Karr	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31 Happy Birthday, Councilperson Ronald Perry				

September 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 College Clothing Fall Ends	2	3	4
5	6 Labor Day	7	8	9 Hugo ACT Prep Workshop	10 Patriot Day	11 ACT Test
12	13	14	15	16 Choctaw New Year	17	18
19	20	21 Fall Equinox	22	23	24	25
26	27	28	29	30		

October 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 Higher Ed Fall Ends	2
3	4	5	6	7	8	9
10	11 Indigenous Peoples Day	12	13	14	15	16
17	18	19 Happy Birthday, Councilperson Tony Ward	20 Happy Birthday, Councilperson Eddie Bohanan	21 McAlester ACT Prep Workshop	22	23 ACT Test
24 31 Halloween	25	26 Happy Birthday, Councilperson Jennifer Woods	27	28	29	30

November 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2 Election Day Happy Birthday, Councilperson Delton Cox	3	4 Choctaw Nation College Connect	5	6
7 Daylight Savings Time Ends	8	9	10	11 Veterans Day	12	13
14	15	16	17	18	19	20
21	22	23	24	25 Thanksgiving	26 American Indian Heritage Day	27
28	29	30				

December 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 STAR Fall Semester Opens	2	3	4
5	6	7	8	9 Idabel ACT Prep Workshop	10	11 ACT Test
12	13	14	15 Happy Birthday, Chief Gary Batton	16 Happy Birthday, Councilperson Perry Thompson	17	18
19	20 Happy Birthday, Councilperson Thomas Williston	21 Winter Begins	22	23	24 Christmas Eve	25 Christmas Day
26	27	28	29	30	31 Happy Birthday, Councilperson Jack Austin, Sr New Year's Eve	

January 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1 New Year's Day Higher Ed Spring Begins Youth Work Opens
2	3	4	5	6	7	8
9	10	11	12	13	14	15 Chahta Foundation Opens
16	17	18	19	20	21	22
23 \	24 \	25	26	27	28	29
30	31					

February 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2	3	4	5
6	7	8	9	10 Durant ACT Workshop	11	12 ACT Test
13	14	15	16 Presidents' Day	17	18	19
20	21	22	23	24	25	26
27	28					

March 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 STAR Fall Semester Opens Higher Ed Spring Ends	2	3 Happy Birthday, Councilperson James Dry	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28 Happy Birthday, Assitant Chief Jack Austin, Jr.	29	30	31 Chahta Foundation Closes Poteau ACT Workshop		

April 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 Good Friday Youth Work Closes	2 ACT Test
3 Easter	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22 Earth Day	23
24	25	26	27	28	29	30

May 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 STAR Spring Semester Opens / Closes Sept 1 Higher Ed Summer Ends Youth Clothing Allowance Program	2	3	4	5	6	7
8	9	10	11	12	13	14
15 Mother's Day	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31 Memorial Day				

June 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 College Clothing Fall Opens	2	3	4
5	6	7	8	9	10	11 ACT Test
12	13	14	15	16	17	18
19 Father's Day	20	21	22	23	24 Happy Birthday, Councilperson Anthony Dillard	25
26	27	28 Happy Birthday, Councilperson James Frazier	29	30		

Student Volunteer Hour Track Sheet

Name: _____

DATE	LOCATION/EVENT	VOLUNTEER DUTIES	TIME STARTED	TIME STOPPED	TOTAL TIME	SUPERVISOR

DATE	LOCATION/EVENT	VOLUNTEER DUTIES	TIME STARTED	TIME STOPPED	TOTAL TIME	SUPERVISOR

Notes

[illegible]



Choctaw Nation of Oklahoma

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